AT THE SUMMIT

PAUL HENDERSON AND FELLOW TEAM CANADA HEROES WRAP UP A MONTH OF CELEBRATING THE '72 SERIES AGAINST THE SOVIETS PAGE 34

TONIGHT'S JACKPOT
$40 Million
estimated
Lotto MAX

LONDON metro®
WEEKEND, September 28-30, 2012
News worth sharing.
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THE BIG DROP

Katie Ciuciura, 32, left, and Emad Amer, 27, both of London, rappel down One London Place during Thursday's Drop Zone event to benefit Easter Seals. Nearly 70 people, many dressed in superhero costumes, took the 26-storey plunge in an effort to raise $125,000 for the charity. Proceeds will benefit programs for children with physical disabilities.
ANGELA MULLINS/METRO

Double the fun this weekend

Live in London. City packed with events as Culture Days, Doors Open team for the first time

ANGELA MULLINS
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Three days. More than 100 events at 87 sites across the city.

That might be everything organizers of Culture Days and Doors Open London need to bait the hook.

"We don't want to hear anyone after this weekend saying London does nothing for us," said Dhira Ghosh, events co-ordinator for the city's arts and heritage councils.

"If you are a young person, if you are with your grandchildren, if you are with your children — there's something for everyone there."

Culture Days and Doors Open generally fall on separate September weekends. This year, organizers decided to merge the two, making for a massive lineup that starts at 9 a.m. on Friday and continues through Saturday.

It also means sites prepared to welcome the masses are spread across all parts of the city.

"No matter where you live, there is something (from) Doors Open or Culture Days happening near you," Ghosh said.

The events share a similar goal, making the collaboration a logical choice.

Culture Days, celebrated in communities nationwide on the last weekend in September, aims to remove the veil from galleries and other artistic hot spots — giving people a chance to meet artists and, in some cases, work alongside them.

Doors Open does what the name implies — throws down the welcome mat at a wide array of local buildings, some of which are generally closed to the public.

Many of the buildings open for tours are rich in history. With this year marking the bicentennial of the War of 1812, the Doors Open theme is Defending a Nation. Because of that, police headquarters and the Wolseley Barracks are on the list. Other newcomers include a rail caboose, the London Health Sciences Centre power plant and the medical artifact collection at Western University.

Also new this year is a bigger emphasis on London's multicultural community. Many groups are organizing miniature festivals to showcase their traditions and cuisine, organizers said.

Follow Angela Mullins on Twitter @MetroAngela

Getting around

London Culture Days and Doors Open London:

- The London Transit Commission is offering $5 family bus passes (two adults, two children). They're available at the LTC's Dundas Street and Highbury Avenue offices.
- Maps and schedules are available at libraries and community centres. Check doorsopenlondon.ca and culturedays.ca for more.

The *RiteWay* to Shop for Windows and Doors

Buying windows and doors can be a frustrating experience, as Roy Carter discovered a few years ago when building a home.

Although he and his wife spent hours making choices about the design and construction of their home, when it came to the windows and doors, his builder offered him very little choice. And the truth is, he didn't know enough about the subject to ask many questions.

"I was like most people, I suspect, and just went along with what the builder offered," Carter recalls. "Most of us don't know anything about windows and doors. It's not like we're buying them regularly. And then, if we do some research and really learn what we want, there usually aren't any places where you can get choices."

Before creating RiteWay, Carter was one of three partners who owned and operated the TSC Stores chain. Four years ago, he used that experience to create RiteWay Building Products Inc. with a single aim: to give homeowners a better experience shopping for windows and doors.

"We looked at the marketplace from a consumer's point of view and saw several wrong ways to buy windows and doors. At one end of the spectrum was the guy showing up at the door, loaded down with briefcases, brochures and a corner sample of a window; not exactly someone I'd put a whole lot of trust in. At the other end were the lumberyards and warehouse disposal guys. Their displays didn't do much to tell me how a window would perform in my own home, and good luck finding someone with any expertise that could help you." Carter also questioned the traditional corner sample sales pitch. "I never got the concept of a sales guy showing up with one corner sample of a window and expecting me to make an informed purchasing decision from that. It was like showing me a bumper and asking me to buy the whole car. I'd like to see and try the whole window, thanks."

Carter's response to the void was to open a huge showroom, the largest in the city, and put dozens of windows and doors on display. "We invite people to come and see all the different brands and styles of doors and windows we have… how they work, what they look like installed and really get a feel for how they would work in their homes," Carter says. "It's a complete retail experience. That's how I like to shop. They can get a sense of what we have to offer before inviting us into their homes to measure and talk about specifics."

Some of those specifics relate to the location and function of the window within the home. "Before you buy a bunch of windows and put them in, you should consider where in the house they are being installed," Carter says. "Someone with a north facing window might want the heat to penetrate more but want a south facing window to block UV rays and protect carpet and furniture inside. Different coatings on the glass can achieve different goals.

Another consideration is the insulation R-value of windows. Many new windows only rate as R-3 to R-4. "People insulate their walls up to R-20, then we put these big holes in them that aren't even half as well insulated," Carter notes. "The heat just pours out. We sell windows with ratings up to R-20, and they make a huge difference."

"We offer a lot of choice, but also try to educate people about their windows," Carter says. "One of the toughest questions is when to replace windows. We can help figure that out."

RiteWay also features a wide selection of doors in a variety of styles and materials that can add a decorator flair to any home.

When you put it all together, Carter's vision for window and door shopping is the RiteWay for many homeowners.

RiteWay Windows & Doors

It's like a home show in a store..

BEST OF LONDON 2012

Voted Best Window & Door Store by London Free Press Readers

317 Adelaide St. South at Commissioners www.RiteWayStores.ca 519.680.1600

Metro blog

Why London needs an integrity commissioner

A better way to do things, or more bureaucracy? London Urban Voices columnist Susan Toth takes a closer look at the role of integrity commissioner at metronews.ca. METRO

Local public unions

Labour rally planned for Friday

Members of local unions representing teachers and other public employees are planning a 4 p.m. Friday "solidarity" rally outside London North Centre MPP Deb Matthews' Piccadilly Street office. The workers are protesting politicians' Sept. 11 vote that legislated contracts on teachers, freezing wages and cutting benefits. METRO

Online chatting

Man charged with luring young girl

A 38-year-old London man has been charged after police allege he chatted with a 14-year-old girl on the Internet.

Michael Hudson faces two counts of luring and four counts of breaching an order stemming from a conviction for a sexual offence. METRO

Radio host

London to meet CBC's Ghomeshi

Jian Ghomeshi will be in London on Saturday for a book signing.

The host of CBC's Q will be at the Indigo/Chapters on Wellington Road from 2:30 p.m. onwards.

He is currently promoting his new book 1982. METRO

Charlotte McCullough, 44, left, receives a Run for the Cure package from organizing committee member Debbie Prevett, 58, at a booth inside Covent Garden Market on Thursday. JOHN MATISZ/METRO

Run for the cure eyes $1M in donations

Charity fundraiser.
Organizers look to top last year's attendance, as well as cash raised

JOHN MATISZ
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Annual charity events always try their best to one-up themselves. It's part of the process; increasing awareness and donation totals from one year to the next.

This inevitably leads to an important milestone every once in a while, like in the case of London's 2012 edition of the Run for the Cure.

"This year we're expecting to raise $1 million," said Emileigh Laidlaw, media coordinator for the Forest City's Run for the Cure.

On Sunday, for the 21st straight year, the breast cancer fundraiser will take place across Canada. More than 60 communities are preparing to accommodate 170,000 walkers and runners nationwide.

London's version is held in Victoria Park. It offers participants the option of either a five-kilometre run or one-kilometre walk.

Proceeds from the largest single-day, volunteer-led fundraising event for breast cancer in Canada go to research, funded through the Canadian Breast Cancer Foundation.

According to the CBCF, one in nine women are diagnosed with breast cancer at some point in their lifetime, with one in 29 dying from the disease.

Laidlaw says organizers anticipate not only hitting the landmark fundraising mark, but also reaching 5,000 participants. Meeting those two goals would be a large feat for the local committee, considering there were about 3,750 participants and $925,000 raised in 2011.

At a $40 registration fee, entry is not expensive. Sponsorship is encouraged but not mandatory, Laidlaw says.

"If people want to just pay the registration fee, that's fine," she said.

In terms of donating something non-monetary, organizers could use a helping hand on Sunday and beyond.

"We're honestly always looking for volunteers," Laidlaw said. "Whether it's this year's run, next year's run, in between."

Day-of volunteers will assist in logistics, helping out in the registration tent and elsewhere.

For more information on volunteering, contact Michelle McLennan at 519-619-4322.

Schedule

Run for the Cure takes place Sunday, Sept. 30 at Victoria Park, by the bandshell.

- **8 a.m.** Final registration
- **9: 20** Opening ceremonies
- **9:45** Warm-up
- **10** Start of 5K run
- **10:15** Start of 1K walk
- **11** Closing ceremonies

SMENEWS

Mobile news

Qriket

A tour agency has released photos from inside the world's most notorious hotel in North Korea. Scan the code to see photos of the 20-year-old unfinished hotel.

Olli Maatta, an 18-year-old London Knights defenceman, practises his shootout moves during a team practice at the Western Fair Sports Centre on Thursday. JOHN MATISZ/METRO

Knights, Rangers set to tango in first meeting of the season

Matchup. London plans to throw barrage of bodies at Kitchener goalie: Maatta

JOHN MATISZ
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Leading up to the OHL Western Conference final last season, the popular storyline revolved around the Kitchener Rangers' plan of attack against London Knights goaltender Michael Houser.

Now, with the Midwest Division squads scheduled to meet for the first time in the 2012-13 campaign on Friday, the storyline is reversed.

Olli Maatta, a Pittsburgh Penguins first-rounder and arguably the Knights' best all-around rearguard, says Rangers netminder John Gibson should be in for a constant barrage of green and gold bodies.

"We've talked about making sure we put good screens on him," Maatta said about the reigning CHL goaltender of the week who has a .964 save percentage after two starts. "He's pretty tough to beat."

In the spring, Maatta's four-goal, three-assist performance gave London a significant boost en route to a series sweep of Kitchener. Although eventually tipping in the Knights' favour, each game was an even-pitched battle — as is expected every time the pair of high-powered teams duel.

Leading the charge out of the Kitchener end, two-way centre Radek Faksa should cause some headaches for London defenders. Taken nine selections before Maatta in the 2012 NHL draft, the feisty Czech notched the game-winner in Kitchener's 3-2 shootout victory over the Sarnia Sting on Sunday.

Then there's dodgy Ryan Murphy on the Kitchener back end, a top-flight talent always looking to put on a show in a 9,000-seat facility like Budweiser Gardens.

London assistant general manager Rob Simpson says there may be minor lineup changes coming this weekend, particularly on forward with Jack Nevins and Corey Pawley awaiting a kick at the regular-season can.

However, he cautions they could also very well keep things intact. "It's pretty tough to make a change when you had two 8-2 games to start the year," Simpson said.

Follow John Matisz on Twitter @Metro_JMatisz

Game on!

Weekend preview

The London Knights have two home games this weekend. For ticket information, visit londonknights.com. Statistics below are heading into Thursday night's games.

Friday
Budweiser Gardens, 7:30 p.m.
Versus: Kitchener Rangers
Record: 2-0
The hot hand: Matt Puempel (3 goals)
Of note: Rangers won first three games of 2011-12 season series with London.

Sunday
Budweiser Gardens, 2 p.m.
Versus: Guelph Storm
Record: 1-1
The hot hand: Matt Finn (1 goal, 3 assists)
Of note: Storm play the 2-0 Owen Sound Attack at home on Friday.

Woman walking cell concerns to Parliament Hill

You might say Wendy Hoy is wired.

She owns, but doesn't use, a cellphone. When she has a hankering to surf the web, she does it from a computer connected directly to a modem.

It's not that Hoy doesn't have access to wireless service. Her conundrum, in fact, is quite the opposite.

All these smartphones, laptops and tablets — and the towers that make them click — are making people ill, Hoy says.

"I really believe it's a horror story in the making," she said about electromagenetic radiation that bounces from the devices. "I'm really concerned about our children and our grandchildren. They're going to have a lot of exposure. Involuntary exposure."

Hoy's on a mission to make sure that doesn't happen.

The 57-year-old left her Port Franks home Sept. 20 intent on walking to Ottawa as part of an awareness campaign. She was in London on Thursday, stopping at several places, including city hall, to rally support.

Hoy doesn't consider herself a victim of what's called electro-sensitivity, a health issue with symptoms ranging from nausea to itchy eyes. But Hoy says she knows plenty of people who are suffering the ill effects.

While Health Canada has developed guidelines for how much "radiofrequency energy" is considered safe, electro-sensitivity isn't recognized as an official medical diagnosis.

That's one of the major things Hoy is trying to address.

"Why are we as a society denying (people) have an illness?" she said, making her way through Victoria Park. "Why are we marginalizing them?" ANGELA MULLINS/METRO

Wendy's Walk

Wendy Hoy's walk to Ottawa was prompted by a wireless providers' plan to erect a cell tower about a kilometre from her Sarnia-area home.

- She wants politicians in Ottawa to do several things, including push for more studies on electro-magnetic radiation.
- She also wants "tower-free" zones established in communities.

Wendy Hoy crosses Wellington Street with her dog Thursday as her walk to raise awareness about the possible perils of wireless signals makes its way through London. ANGELA MULLINS/METRO

$3M agreement with Bell. Clearer, more reliable cell signals to hit Western

Improved cellphone service is on its way to Western, thanks to a $3-million agreement between the university and Bell Canada.

The deal will see Bell equip Western's campus with infrastructure, leading to stronger and more reliable coverage for its customers. Telus users who partner with Bell's network will also benefit.

The first phase of the three-year project has been completed with work done at the University Community Centre and the Student Services building. Equipment being installed on the library's roof is expected to increase capacity on Concrete Beach and surrounding areas.

Officials say the work will ease the burden on Bell's off-campus network because campus users won't be competing for a signal. METRO

In other news

Western University has launched a redesigned website, westernu.ca.

- New features include easier access to popular pages, including the university directory.

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DOWNTOWN LONDON

Oct 16, 2012, 5:00–7:00 p.m.
London Convention Centre

Guest speaker

Join the conversation as John Kiru, Executive Director, Toronto Association of Business Improvement Areas (TABIA), discusses the enormous impact that shopping local can have on our economy.

The Unity Project provides shelter for adult men and women. JOHN MATISZ/METRO

Homelessness. My Sisters' Place not alone as other shelters see an increase in overnight visitors

My Sisters' Place is experiencing a serious uptick in demand right now, and other homeless shelters in London are also filling a greater need.

"We're not quite sure where all the women are coming from," said Susan MacPhail, executive director at My Sisters' Place. "I found three women on our property when I came in early to work the other day. Older women are very quietly falling through the cracks."

Charlene Lazemby, executive director at Unity Project, says although overcrowding is nothing new at homeless shelters, it's not good to see slower periods catch up to the rest of the year.

At the Dundas Street residence in 2011, 496 men and 156 women stayed overnight for a total of 10,491 bed nights. During the summer, a standard downtime for most shelters, Unity Project housed virtually the same amount of people as it typically does in the winter.

"It's kind of a reality for us all the time," Lazemby said of overcrowding.

Over at Women's Community House they had to turn away 122 women simply because of resource shortage.

My Sisters' Place is much newer than Women's Community House, but staff face similar challenges, including a 300 per cent increase of visits per day since 2009. JOHN MATISZ/METRO

For info on helping:

- Visit mysistersplace london.ca
- Call 519-679-9570

Forest City weekend to-do. Writers' workshop on Saturday

The Professional Writers Association of Canada London & Southwestern Ontario Chapter will host six free interactive seminars Saturday at the Stevenson & Hunt Room in the Central London Public Library.

The one-hour presentations will cover everything from finding a story idea to finding a book publisher. Writing memoirs, the importance of good writing, different ways to begin a story and the financial realities of the freelance life will also be covered.

Anyone with an interest in the written word is welcome to attend any or all of the sessions, which run from 10 a.m. to 4 p.m.

For more information, email catherine.tovell@sympatico.ca. METRO

London has 'big city' issues: Food bank rep

Poverty. Year of unfortunate records for London Food Bank as staff prepare for Thanksgiving drive

JOHN MATISZ
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London Food Bank co-director Glen Pearson says recent record-breaking activity at the facility is indicative of a "watershed" period in the city's history.

"What it means is that poverty is so entrenched in our community that it will not go away once this recession ends," said Pearson, speaking to media at a launch event Thursday.

In 2011, almost 55,000 pounds of food were collected during the Thanksgiving Food Drive. On Friday it begins again, running until Oct. 8, which is Thanksgiving Monday.

For all the wrong reasons, August 2012 was a banner month for the food bank, as 3,800 local families received help — that's 600 more families served than in a typical month.

Over the first nine months of 2012, there's been a 19 per cent increase in activity compared to last year. And on Sept. 17, Pearson said a new busiest day in the food bank's history was established.

Pearson's partner, Jane Roy, calls the numbers "disturbing," especially since food bank staff have been attempting to lessen hardship in the Forest City for 25 years now.

"A year ago, we talked about how we were going to celebrate," said Pearson, of hitting the quarter-century mark. "And we've just decided to throw the celebrations out the window. It's not that they're not important … but we are a community and we have to deal with the fact that numbers are up."

But hunger extends into the community at large, Pearson says, calling London a medium-sized city with "big city" issues.

"It's time for London to realize it's time to grow up," he added.

Once the Thanksgiving Food Drive is complete, the food bank delivers 40 per cent of the items collected to its own clients. The rest is distributed to other agencies in the area, including the Boys' and Girls' Club of London and White Oaks United Church.

The fall drive is bookended by a golf tournament and fun run, with hopes of bringing in supplementary resources during desperate times.

There are 140 regular volunteers at the food bank, with groups of up to 150 people lending a hand on occasion.

Top items needed

Donations are accepted at the food bank (926 Leathorne St.), fire halls, and most grocery stores.

- Diapers
- Canned meat and fish
- Canned vegetables
- Pasta
- Baby formula

London Food Bank volunteer Wendy McClintic, 50, sorts through some non-perishable food items recently dropped off at the 926 Leathorne St. location. JOHN MATISZ/METRO

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SOURCE: NADbank 2010/11 – 2011/12; BASE: Halifax CMA, Ottawa-Gatineau CMA, Toronto CMA, London CMA, Winnipeg CMA, Calgary CMA, Edmonton CMA, Vancouver CMA Variance from NADbank 2011/12 to 2010/11 compared to Globe and Mail and National Post

Animal cruelty

Man in his underwear arrested for biting dog

A nearly-naked man was apprehended early Wednesday morning after witnesses say they saw him biting a dog in downtown Pembroke, Ont.

Witnesses called police at 12:30 a.m. Wednesday morning, reporting the man near the intersection of Pembroke St. W and Christie St.

"I believe he was down to his underwear (when police arrived)," Const. Dillon Gerundin said.

Pembroke animal control took custody of the dog, which suffered minimal, non-life-threatening injuries.

TORSTAR NEWS SERVICE

Furlong fights back against abuse allegations

John Furlong reads a statement during a news conference, Thursday, called to address allegations of abuse. DARYL DYCK/THE CANADIAN PRESS

Denies any wrongdoing. Former VANOC head threatens legal action over newspaper story

MATT KIELTYKA
Metro in Vancouver

John Furlong vows to take legal action against the Georgia Straight newspaper after it published a story alleging he physically and mentally abused aboriginal children as a teacher at a Burns Lake school.

The story features allegations from alleged victims' signed affidavits that an 18-year-old Furlong ran physical-education classes at Immaculata Elementary School and abused students.

The former head of the Vancouver Organizing Committee for the 2010 Olympic and Paralympic Winter Games (VANOC), alongside lawyer Marvin Storrow, addressed media Thursday afternoon to issue a denial.

"I want you to know I categorically deny absolutely any wrongdoing and I believe that the RCMP, in looking into this matter, will discredit the complaint entirely because it just did not happen," Furlong read from a prepared statement. "I feel that my character has been recklessly challenged and I have no choice now but to proceed with legal action."

Furlong did not take any questions at the hastily called press conference in Vancouver, where the Order of Canada recipient now works as executive chairman of the Vancouver Whitecaps soccer club.

RCMP released a brief statement confirming they're "aware of the allegations involving John Furlong and are investigating."

The Georgia Straight issued a brief reply Furlong's statement.

"The story was backed up with eight sworn affidavits. Marvin Storrow did not make Mr. Furlong available to respond to questions from the journalist, Laura Robinson," the weekly paper states.

Canada-U.S. Current, former cops accused of smuggling food over border

A southern Ontario police force has charged one current and one former officer in a "large-scale" scheme to smuggle cheese and other food items into Canada.

Niagara Regional Police say cases of cheese and other foods were purchased in the U.S. and smuggled into Canada, without declaring the items or paying duty.

The items were then prepared for distribution to restaurants in southern Ontario.

The suspects are from Fort Erie, Ont. The trio faces a slew of charges including: conspiracy to commit an indictable offence, false or deceptive statements, and acquiring or disposing of illegally imported goods, and various Customs Act charges including smuggling.

THE CANADIAN PRESS

Profits

The scheme to smuggle food into Canada was fruitful.

- **Profitable.** More than $200,000 worth of cheese and other products were purchased and distributed for an estimated profit of more than $165,000.

Pro-life. 'Sex selection abortion' played role in supporting motion

The federal cabinet minister responsible for the status of women has offered some explanation for why she voted in support of a pro-life motion.

Rona Ambrose says on Twitter that she's long been worried about discrimination against girls through "sex selection abortion."

She stunned observers Wednesday when she rose in favour of a motion to strike a committee to examine the definition of a human being.

THE CANADIAN PRESS

Status of Women Minister Rona Ambrose THE CANADIAN PRESS

Guilty murder verdict after 10 years

A decade of uncertainty ended with a cry of anger from a convicted murderer in a Beijing courtroom Thursday as Li Ang lashed out at the court that found him guilty of the 2002 killing of his girlfriend, Amanda Zhao.

The couple were studying in the Lower Mainland and lived together in Burnaby, B.C. when Zhao's body was found.

"It's unfair. I've been wronged," yelled Li after he was sentenced to life in prison, according to a relative of Zhao's who was in the courtroom.

The now 28-year-old Li was convicted of strangling Zhao in 2002 and stuffing her body in a suitcase before dumping it at Stave Lake on the outskirts of Vancouver.

Due to a lack of evidence, Li was released by Canadian authorities and fled Canada back to his native China where he lived with his parents and changed his name to Li Jiaming.

Investigators gathered enough evidence to charge Li after he had fled the country.

He was arrested last summer when Canadian authorities finally gave in and sent the evidence for the case to Beijing after a long battle in which China insisted the trial be conducted there.

As part of the agreement, China agreed to waive the death penalty.

Trials in China are notoriously quick, but this one took a full year.

Li's lawyer Zou Jiaming said little about why the case took a year to process. Zou said her client will appeal the intentional homicide guilty verdict.

JEREMY NUTTALL/METRO VANCOUVER

Quotable

"After a 10-year struggle we are relieved."

Li Junjun
The cousin was speaking on behalf of Amanda Zhao's parents

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Mafia got 2.5% cut, construction boss says

Quebec. Lino Zambito is the first person to describe his own personal involvement in construction-related wrongdoing

A Montreal construction boss is delivering a burst of allegations about a system of corruption in the industry that saw him pay Canada's most powerful Mafia family a 2.5 per cent cut on public contracts.

Lino Zambito told Quebec's public inquiry in Montreal about a cartel-like system lording over the construction industry in the province, and he said he was part of it.

He said companies would rig bids and take turns winning public-works contracts and, at the end of the process, the Cosa Nostra claimed a percentage.

He said that, as far as his own company was concerned, that fee was a 2.5 per cent share of the value of a sewer project, paid to the once-dominant Rizzuto family.

Zambito shrugged off a suggestion from an inquiry lawyer that he was paying protection money.

"I saw it as more of a business. Entrepreneurs made money and there was a certain amount owed to people of," he said and, pausing an instant before he completed his sentence, Zambito added, "the Mafia." THE CANADIAN PRESS

Mayor's take

"As a citizen, as the mayor of Montreal, I was profoundly angered."

Montreal mayor Gerald Tremblay
Speaking on his outrage over the revelations coming out of the Charbonneau inquiry

A sign displays the Charbonneau inquiry in Montreal on Thursday. The inquiry is looking into corruption in Quebec's construction industry. THE CANADIAN PRESS

Scam

Woman accused of faking cancer for cash, meals

Authorities say a New Jersey woman scammed relatives and others out of cash, meals and even a wedding by falsely claiming she had bladder cancer.

Forty-year-old Lori Stilley has been charged with theft by deception.

Officials say in February 2011, the woman told those close to her and posted on Facebook that she had been diagnosed with breast cancer. In April, she said her condition had worsened.

Authorities say supporters raised more than $10,000 after she said she didn't have medical insurance. THE ASSOCIATED PRESS

Penn State

Witness in Sandusky case to reveal identity

A key witness against convicted child molester and former Penn State assistant football coach Jerry Sandusky, known in court papers as Victim 1, has a book deal and will soon reveal his identity, a publisher announced Thursday.

Ballantine Bantam Dell said that Silent No More: Victim #1's Fight for Justice Against Jerry Sandusky, is coming out Oct. 23. The memoir will be co-written by the victim's mother and psychologist and "will share how he survived years of shame and secrecy, harassment and accusation, before reporting Sandusky's actions to the authorities." THE ASSOCIATED PRESS

N.S. Suspects in alleged confinement case spoke of selling teen, police claim

A 16-year-old boy was sleeping on the streets of Halifax when he awoke to find himself in a van, and was taken to a home where two men kept him captive and sexually assaulted him earlier this month, the RCMP say in court documents.

In a document filed this week with the provincial court in Bridgewater, N.S., RCMP Const. Timothy Cole said the Mounties began their investigation after a woman reported Monday evening that a teenager who was chained at his ankles and wrists knocked on her door.

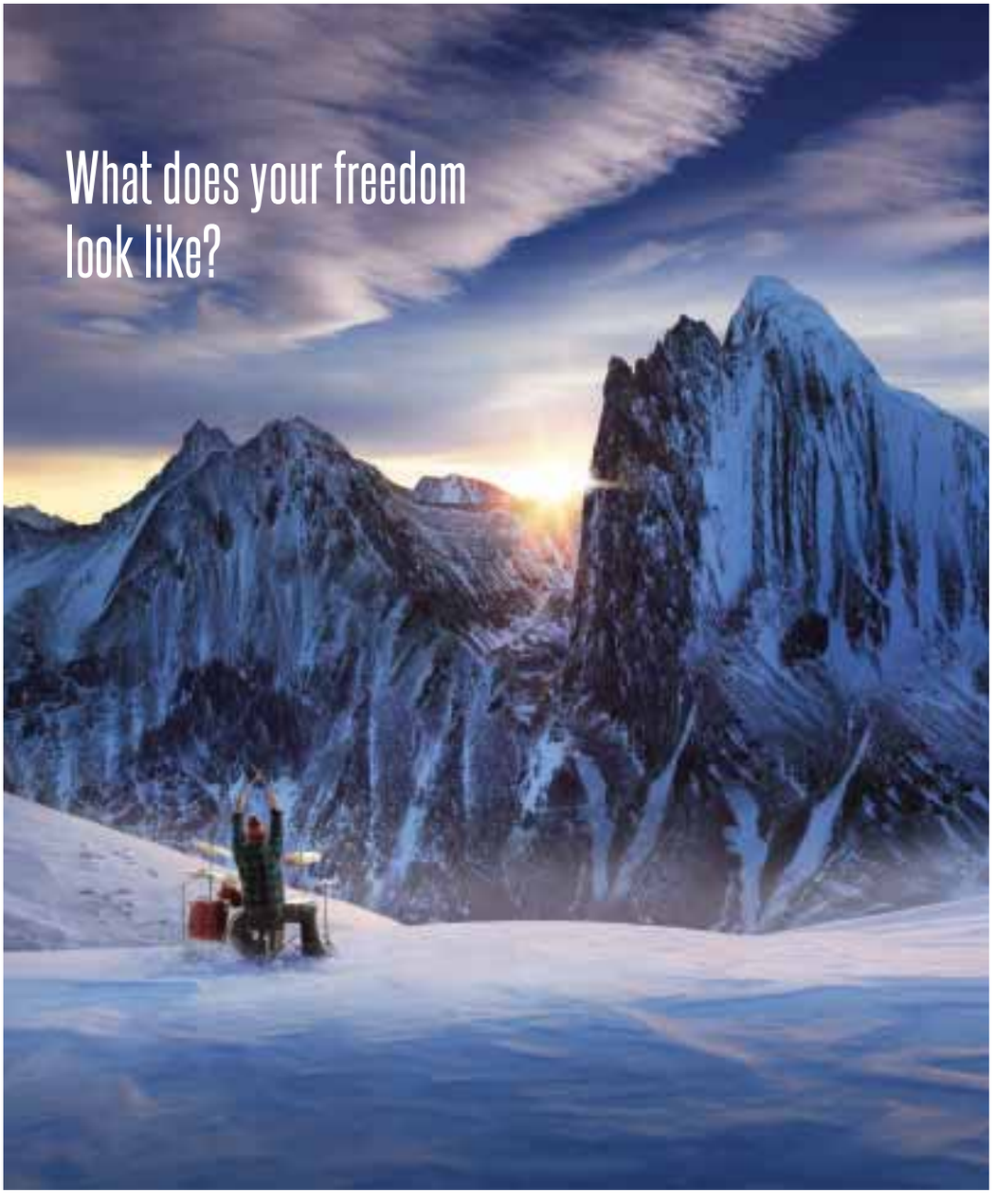
Cole says two men held the boy against his will and sexually assaulted him over several days.

"The 16-year-old said the two men were talking about trying to sell him. The two men left the residence and the 16-year-old male was able to escape."

Police are appealing for the public's help in finding two suspects wanted in the case. RCMP Sgt. Alain Leblanc said they are believed to be in Ontario travelling in a grey 2003 Hyundai Elantra with a Nova Scotia licence plate of FBP 233.

The accused, David James Leblanc, 47, and 31-year-old Wayne Alan Cunningham, faces charges of forcible confinement and sexual assault. THE CANADIAN PRESS

Police search a home in Upper Chelsea, N.S., Wednesday in relation to an alleged sexual assault of a teen. THE CANADIAN PRESS



Auto safety

U.S. car rental firms stop leasing recalled vehicles

Five of the biggest names in U.S. car rentals have agreed to stop leasing vehicles under safety recalls, a move expected to bolster pending federal legislation on the industry. THE ASSOCIATED PRESS

Tasty trend

Snack makers roll out mid-calorie product offerings

Dieters know if you take the fat and calories out of your favourite treats, you sometimes say goodbye to the taste too. But snack brands like Dreyer's/Edy's ice cream, Hershey's chocolate and Lay's potato chips are trying to solve that by rolling out mid-calorie goodies with more fat and calories than the snacks of earlier diet crazes. THE ASSOCIATED PRESS

This half-the-fat ice cream is part of a trend in mid-calorie products. DREYER'S/EDY'S

Microsoft

Windows 8 is 'a very big deal,' says Gates

Microsoft founder Bill Gates on Thursday called the new Windows 8 operating system scheduled for release next month "a very exciting new product" and "a very big deal" for the world's largest software maker.

Gates said he is already using Windows 8 "and I'm very pleased with it." Windows 8, to be released Oct. 26, is Microsoft's biggest overhaul of Windows in more than a decade and the company's attempt to stay relevant and exciting in a world where mobile gadgets have started to overshadow personal computers. THE ASSOCIATED PRESS

Present perfect

Facebook debuts real-life gift service

Facebook is launching a new service called Gifts which, as its name suggests, lets users send chocolate, coffee, socks and other real-life presents to one another. Facebook Gifts will be available to a subset of U.S. users. THE ASSOCIATED PRESS

Cost-cutting shifts burden to provinces: Budget officer

Financial outlook. Parliamentary official projects lower levels of government will add enough debt to resemble Greece, Italy

Ottawa's cost-cutting measures have put it on a sound fiscal track for the future, but the provinces are left holding the bag, says Canada's budget watchdog.

Parliamentary Budget Officer Kevin Page's latest long-term projection on government finances suggests Ottawa has little to fear from the loss of revenue and rising costs tied to the aging population.

Page also judges the Canada Pension Plan and Quebec Pension Plan fiscally sound.

But the report, released Thursday, shows provinces and municipalities adding so much debt over the next 70 years or so they would resemble Greece and Italy if something is not done.

The report calculates that provinces and their municipalities have a fiscal gap of about two per cent of gross domestic product now — or $36 billion — and by 2086 will have debt worth 350 per cent of GDP. Meanwhile, Ottawa will be in a structural surplus.

Page cautions that this is a "what if" scenario and is not a forecast, but adds that governments need to be aware of the fiscal track they're following to ensure they make the right policy decisions. "We're not saying in the report that the provinces have to panic and start taking measures right now," Page said. THE CANADIAN PRESS

Soup plant workers canned in wake of slow sales

Cans of Campbell's soup are seen in Moreland Hills, Ohio, in this August 2011 photo. Campbell Soup announced Thursday that it will close two U.S. plants and cut more than 700 jobs as it looks to trim costs amid declining canned soup consumption. THE ASSOCIATED PRESS FILE

Big Pharma. U.S. prosecutors extract $30B in settlements with drug makers

U.S. federal and state prosecutors have collected more than $30 billion US from drug companies for alleged fraud and illegal marketing over the last 20 years, according to a new report by consumer advocacy group Public Citizen.

The report shows that state attorneys are increasingly following the lead of federal prosecutors in seeking multimillion-dollar settlements with drugmakers such as GlaxoSmithKline and Eli Lilly & Co. Analysis by Public Citizen found that state governments have collected $3.7 billion US from drugmakers since 2009, or roughly six times more money than in the previous 18 years combined.

Overcharging state health plans like Medicaid was the most common allegation, while unapproved drug marketing was the most costly, the group says.

Drug companies are permitted to market drugs only for uses that have been approved by the Food and Drug Administration. In recent years the Department of Justice and state attorneys general have increasingly pursued cases of off-label marketing, or promoting drugs for unapproved uses. THE ASSOCIATED PRESS

Publishing. Bookstores bet on Rowling's adult novel

British bookshops opened their doors early Thursday and some grown-up Harry Potter fans lined up overnight as J.K. Rowling launched her long-anticipated first book for adults, The Casual Vacancy.

The lines were shorter and the wizard costumes missing, but the book was published to some of the same fanfare that greeted each Potter tome, with stores wheeling out crates of the books precisely at 8 a.m. as part of a finely honed marketing strategy.

Published five years after the release of the last book in the boy wizard saga, The Casual Vacancy is already at No. 1 on Amazon's U.S. chart, and bookmaker William Hill put 2-1 odds on it outselling Harry Potter and the Deathly Hallows, which shifted 2.6 million copies in Britain on its first day.

Many of the early buyers were Harry Potter fans who, like the author, have moved on to more adult fare. "I just like how much excitement there is about a book," said 23-year-old Grace Proctor, a "massive" Potter fan who was first to buy the book at one London store.

Though reviews have been mixed, booksellers are confident The Casual Vacancy will be one of the year's bestsellers.

THE ASSOCIATED PRESS

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Market Minute

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11 REASONS TO READ THIS

THE LIST
Neil Morton
metronews.ca

1 **Sam Sniderman.** The founder of the iconic Sam the Record Man died this week at the age of 92. Everyone of a certain age remembers their time at Sam's stores across Canada, sifting through records from new Canadian bands Sam introduced, along with obscure titles and international stars. Many bought their first record there. Including me: If memory serves, Michael Jackson's Thriller.

2 **Torrey Smith.** After his younger brother died in a motorcycle crash early Sunday, the Baltimore Ravens receiver went out and put on a heroic show that night — catching two touchdown passes to lead his Baltimore Ravens to a 31-30 comeback win over the New England Patriots. While the (boring) Emmys were on another channel, the real drama was happening in this game.

3 **Weday.com.** The likes of Hedley, Jennifer Hudson and Al Gore will be at Free the Children's We Day in Toronto Friday, an annual event to inspire and celebrate the youth movement for local and global change. My daughter is lucky enough to be one of the attendees. Watch for upcoming WeDay events in Calgary, Winnipeg, Montreal and Vancouver. Be the change.

4 **Billie Joe Armstrong.** After his epic, profanity-laden onstage meltdown at a Las Vegas show in a YouTube video that went viral, it was obvious something was wrong with Green Day's lead singer. It was explained days later, when the band announced he entered rehab seeking treatment for substance abuse. Yes, rehab is — just as hookups and breakups are — par for the course in celeb land.

5 **10 Reasons Why...** A British woman, Emily Hatridge, has a hilarious YouTube TV show called 10 Reasons Why..., which has wry episodes on topics including plastic surgery, dieting, sex tapes, cheating and dating. Her clever premise is that "everything in the world can be explained with 10 reasons." Which in our ADD-world works brilliant. Or maybe five reasons would work better.

6 **Flavour Flav.** At the iHeartRadio Music Festival, Public's Enemy's Flavour Flav was super excited to meet Gwen Stefani backstage — "Gwen Stef-annnnni!" he said in excitement after meeting her. Only problem is it wasn't Gwen Stefani, it was Miley Cyrus. And Miley didn't correct him. It's OK: When people mistake me for David Beckham or Brad Pitt, I don't correct them either.

7 **Buzz Bishop.** Calgary media personality Buzz Bishop received worldwide media attention — and much backlash — after writing a blog post in which he admitted to liking his five-year-old son Zacharie more than his two-year-old Charlie: "If I were to be absolutely honest, my older son is my favorite of the two," he said. I don't know what else to say, except WTF was he thinking saying that?

8 **Myspace 2.0.** Struggling to reinvent itself, the social network owned in part by Justin Timberlake released a well-received teaser video this week displaying a massive redesign — kinda of a Pinterest/Facebook/Instagram/Twitter combo. The focus is more on music and the creative community. With JT behind it and still 54 million fans, a comeback is possible.

9 **Speechless in Seattle.** Green Bay defeated Seattle Monday night when they intercepted a Hail Mary pass on the last play. Except the replacement refs (the regular refs were locked out) awarded the Seattle receiver a TD, giving the Seahawks victory. And creating a Twitter frenzy from appalled fans. "These games are a joke," Hall of Fame Troy Aikman tweeted. Indeed.

10 **Tuxedo Stan.** The feline whose owner has him cheekily running for Halifax's mayoral race to raise awareness about stray cats in the city got a huge endorsement this week when Anderson Cooper plugged him on The Ridiculist segment on CNN. There are now 6,500 people and counting on his Stan's Tuxedo Party Facebook page. That's way more than his closest competitor. A human.

11 **Justin Trudeau.** The 40-year-old son of late PM Pierre Trudeau is expected to announce his leadership run for the federal Liberal Party Tuesday, making politics in Canada immediately far more interesting and "sexy." Trudeau has a great shot at winning, so long as Tuxedo Stan (see No. 10) doesn't run.

In the house Hitler was born in

KERSTIN JOENSSON/THE ASSOCIATED PRESS

Austria

Real estate tainted by Nazi leader

An exterior view of Adolf Hitler's birth house in Braunau am Inn, Austria, is seen Thursday.

With its thick walls, huge arched doorway and deep-set windows, the 500-year-old house near the town square would normally be prime property. Because Hitler was born here, it has become a huge headache for town fathers forced into deciding what to do with a landmark so intimately linked to evil.

THE ASSOCIATED PRESS

Recent departure

- The building was most recently used as a workshop for the mentally ill, which some saw as atonement for the murders of tens of thousands of disabled people by the Nazi regime. But that tenant moved out last year for more modern quarters.
- The departure reignited debate on what to do with the house, with the mayor declaring he preferred creating apartments over turning the building into an anti-Nazi memorial.

'Stigmatized'

"We are already stigmatized ... We, as the town of Braunau, are not ready to assume responsibility for the outbreak of World War II."

Johannes Waidbacher
Mayor of Braunau am Inn
told the Austrian daily Der Standard

Tourists visit

Fear of attracting neo-Nazis persists

One major fear: The house could fill up with Hitler worshippers if converted into living space.

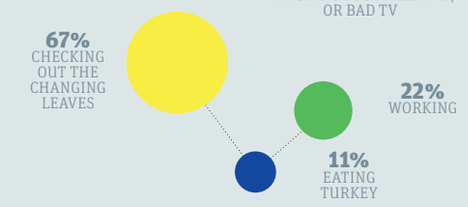
"These are certainly people we don't want here," said town council member Harry Buchmayr, noting that most visitors are not normal tourists, but neo-Nazis stopping to pay homage to Hitler, even though he spent only the first few months of his life in the building.

THE ASSOCIATED PRESS

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

How will you be spending the long weekend?



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@chadder87:
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@Al_Goodhall:
Laaaazy day at home. :-) #ldnont

@wa2fly:
To all homecomers,pls party responsible and respect your community. the younger generation are looking up to you.#Ldnont

@_stephconnor:
Who has an iPhone charger I can borrow in Weldon? #uwo #westernu

@zazoOo92:
Clubs day!! #MSA #Fanshawe

@diegolovesdora:
In all my years at #WesternU I have never had a tutorial cancelled. Unsure if I should be happy or sad. @KUCatUWO #kings #ldnont

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Bruce Willis and Joseph Gordon-Levitt play the same character in the time travel flick Looper. HANDOUT

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Nothing average in this film about Joe

Looper. Joseph Gordon-Levitt channels Bruce Willis in time travel flick. Metro's Ned Ehrbar sits in for Mark Breslin this week

Richard: Ned, the actors aren't the stars of the movie, the ideas are. Is it airtight? Nope, but what time travel movie is? Future crime bosses could have done the killing themselves and sent the bodies back to be disposed of, but where's the fun in that? We need the two Joes in one place to get the story revved. It's what happens after that is interesting. Did you buy into the story?

Ned: I totally bought into the story, thanks in large part to how it's told. Having been a huge fan of Rian Johnson's first film, Brick, I realize I'm more than a little predisposed to love this. He takes the noir brushstrokes used in that film and sends them into the future, creating one that's gritty and real enough to be believable. Heck, he even makes time travel and telekinesis feel mundane within the world of the film, which is a neat trick.

RC: It sure is. He uses the sci-fi premise to allow the character of Joe in both forms to examine his life; past, present and future, and discover what's really important to him. It's humanist science fiction that values people over special effects. It's also a wildly entertaining chase movie, with enough sci-fi to keep the left side of your brain engaged while the right brain will thrill to the chase.

NE: I'll admit I was wary of the decision to use prosthetic makeup to make Joseph Gordon-Levitt look more like Bruce Willis, but they pull it off for the most part. And the way the two actors work together to create one character — rather than have Gordon-Levitt just do a Willis impression — is fantastic. It's also the most I've enjoyed Willis in years.

RC: It's two, two Joes in one. I thought Gordon-Levitt nailed the cadences of Willis's voice. Willis is Willis, but he does world-weary like no one else. I also enjoyed Emily Blunt as a protective mother whose son (Pierce Gagnon) is on Old Joe's hit list. Ditto Jeff Daniels who takes a break from The Newsroom to play the looper boss.

NE: Great performances all around, for sure, in a movie that's smart, well-made and just so much fun. I wish I could go back in time to brag to myself about having seen it.

Synopsis

Thirty years in the future time travel is illegal. The only people who use it are criminal organizations who send undesirables back to the past to be disposed of. Joe (Joseph Gordon-Levitt) is an experienced looper — or present day trigger-man. He doesn't count on a crime lord from the future ordering his loop be closed. That is, sending his future self, Old Joe (Bruce Willis), to present day to be executed.

- Richard: ●●●●○
- Ned: ●●●●●

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On the web

Qriket

Being Bruce Willis: Joseph Gordon-Levitt impersonates the action star in Looper.

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Drama

Won't Back Down

Director. Daniel Barnz

Stars. Maggie Gyllenhaal, Viola Davis

If it weren't for alluring performances from Oscar-nominees Viola Davis and Maggie Gyllenhaal, Won't Back Down would be as bland as its uninspired title. A heavy-handed drama about a single mother and an overworked teacher who use bureaucracy to overtake a failing school, the Daniel Barnz (Beastly) drama is predictably aimed at rousing audiences. But while topical enough in today's times, the obvious outcome won't make the grade with most audiences.

STEVE GOW

Family/Comedy

Hotel Transylvania

Director. Genndy Tartakovsky

Stars. Adam Sandler, Selena Gomez

It's not that the notion of a hotel exclusively for misunderstood monsters seeking refuge from hostile humans isn't clever, but in Hotel Transylvania at least, the premise overstays its welcome. Featuring the voices of such talents as a vampiric Adam Sandler and Selena Gomez, the family-friendly film aims high with a visual play on gothic gags that unfortunately only endure as long as you are entertained by such things as flatulent B-movie monsters.

STEVE GOW

Comedy/Musical

Pitch Perfect

Director. Jason Moore

Stars. Anna Kendrick, Rebel Wilson, Brittany Snow

A toe-tappin', fun lovin' descendant of Glee, Pitch Perfect brings together talented actors and singers in yet another 21st century spin on Judy Garland / Mickey Rooney "Let's put on a show" genre. There's just enough freshman romance, competition, irony and bitchery to fill out a musical about a girl group competing for national a capella honours following a humiliating loss the previous year. There's every college stereotype in the book and there's nothing new but the musical performances make it sing.

ANNE BRODIE

Drama

The Master

Director. Paul Thomas Anderson

Stars. Philip Seymour Hoffman, Joaquin Phoenix, Amy Adams

Director Paul Thomas Anderson uses the birth of a religion as a backdrop for a study in extreme behaviour focusing on two troubled men, 1950s mystic Lancaster Dodd (Philip Seymour Hoffman) and drunken naval officer Freddie Quell (Joaquin Phoenix). As Quell, Phoenix is a raw twitching nerve, part Brando, part Bukowski. It's an astonishing, revelatory performance. As untamed as Phoenix is, Hoffman is controlled, handing in a performance brimming with confidence.

RICHARD CROUSE

Comedy

2 Days in New York

Director. Julie Delpy

Stars. Julie Delpy, Chris Rock

An American-set sequel to Julie Delpy's 2007 comedy 2 Days in Paris, this movie involves the actress-turned-director and her on-screen husband Chris Rock hosting the former's wacky dysfunctional family of French sex-obsessed pot-smokers in Manhattan. As appealing as Rock is (playing the straight-man), the laughs are few, the story is rambling and the payoff simply isn't memorable.

STEVE GOW

Documentary

First Position

Director. Bess Kargman

Stars. Aran Bell, Gaya Bommer Yemini and Michaela Deprince

Kargman puts six gifted young dancers from around the world under the microscope for nearly a year as they prepare to compete at the potentially career-launching Youth America Grand Prix. These kids, from 6 – 19 years of age, don't lead normal lives. They're isolated and dependent on anxious parents and teachers. They push their bodies hard. Injuries are common, and you can feel their all-consuming need to be perfect. It's fair and unsentimental and riveting.

ANNE BRODIE

Hockey Strike: The Movie

With the NHL strike in high gear, there's no hope for Canada's sport in sight and hockey players are fleeing to lace up their skates in Europe. As such, fans are forced to look for silver linings. With historical labour disruptions creating such classic cinematic hits as Norma Rae, Matewan and 2010's Made in Dagenham, one ponders whether the 2012 hockey strike couldn't at least make a decent movie, depending on the outcome, of course.

STEVE GOW
scene@metronews.ca

Real-life version

Stars: NHL commissioner Gary Bettman, NHL Players Association chief Donald Fehr, and many hockey players

Plot: Bettman is asking Fehr that the players' share of hockey-related revenue (HRR) be reduced up to 14 per cent. Fehr doesn't accept and the athletes are locked out. While fans suffer, many players take offers to play in Europe. Owners/players are still multi-millionaires.

Bettman's Version

Stars: Bruce Willis (as Bettman), Rob Schneider (as Fehr), Keystone Cops (as Players)

Plot: Bettman the Hero holds out until the season is almost cancelled. Fehr comes crying, pleading for his forgiveness and accepts an astronomical wage rollback. Players who went overseas are replaced with the chimpanzees from the MVP: Most Valuable Primate movies.

Who would play Gary Bettman in a movie? GETTY IMAGES

Player's version

Stars: Brad Pitt (playing all the athletes), Jack Nicholson (as Fehr), Kevin James from Paul Blart: Mall Cop (as Bettman)

Plot: Fehr holds Bettman's head in a toilet until he agrees to increase the HRR and wear a dunce-cap all season long. The players in Europe double salaries for playing on two teams and fans throw roses on the ice during the first returning game.

Fan's version

Stars: Larry the Cable Guy (playing every role except the fans)

Plot: A group of dedicated hockey fans invent a time machine and go back decades before Bettman and Fehr were in charge, when tickets were reasonably priced and hockey wasn't just a business negotiation between the rich.

Weaving a love story into apartheid tale

Winnie. Filmmaker looked at a major historical event through the relationship of Mandela and ex-wife

STEVE GOW
scene@metronews.ca

Winnie opens next Friday. HANDOUT

Darrell Roodt has taken flak for casting American actors in Winnie — his biopic about Nelson and Winnie Mandela. But the South African filmmaker is making no apologies.

"It's fine for Clint Eastwood to come to town and bring Morgan (Freeman)," defended Roodt recently referencing the American icon's 2009 hit Invictus. "But as soon as a South African does it, he gets nailed to the wall. My answer to this is very simple: I didn't hire American actors to play Nelson and Winnie, I hired great actors to play them."

The veteran director may have cast Oscar winner Jennifer Hudson and nominee Terrence Howard to bring the one-time president and first-Lady of South Africa to the big screen but he believes the proof is in the stars' stellar performances — particularly Howard who not only takes on the uncanny appearance of Mandela, but did so even before it was necessary.

"He was astonishing. He was my choice when I was writing it and just to be around him when he was doing that was quite amazing," said Roodt. "He was Mandela six months before he came to shoot. Every time I had a phone conversation with him it was like talking to Mandela on the phone."

While the film (which hits theatres October 5) mostly centres on the controversial life of Winnie Mandela (who was an aggressive anti-apartheid activist all throughout her ex-husband's 27-year incarceration), Roodt also saw the drama as a beautiful love story. "The book that it's based on, the very last line says 'and so one of the great love stories of the 20th Century came to an end'," explained Roodt.

"When I read that I just thought that's such a perceptive insight."

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London

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Hotel Transylvania (PG) Fri-Sun 7:45 Tue 7:45 Thu 7:45
House at the End of the Street (14A) Fri-Sat 10 Sun 7:55 Tue 7:55 Thu 7:55
Lawless (14A) Fri-Sat 7:55 Sun 9:45 Tue 9:45 Thu 9:45
Premium Rush (14A) Fri-Sun 9:25 Tue 9:25 Thu 9:25 ‘

Hyland Cinema
240 Wharncliffe Road South,
519-913-0313

2 Days in New York (STC) Fri-Sat 1-7 Sun 3 Mon 1-9 Tue 3-7 Wed-Thu 5
And if We All Lived Together? (STC) Fri 3 Sat-Sun 5 Mon 7 Tue 1 Wed 9 Thu 1
Fight Club: Members Only (STC) Fri 11
First Position (G) Fri 5 Sat 3 Sun 1-7 Mon-Tue 5 Wed 3-7 Thu 3-9
Killer Joe (STC) Fri-Sun 9 Mon 3 Tue 9 Wed 1 Thu 7

Rainbow Cinemas London
355 Wellington St.,
519-434-3073

Dredd (18A) Fri-Thu 1:20-3:45-7:20-9:45
Hotel Transylvania (PG) Fri-Thu 1-3:25-7:05-9:15
Looper (14A) Fri-Thu 1:10-3:50-7:10-9:45
ParaNorman (PG) Fri-Thu 12:50-3:20
Resident Evil: Retribution (14A) Fri-Tue 7:25-9:40 Wed 7:25 Thu 7:25-9:40
Trouble With the Curve (PG) Fri-Thu 1:05-3:35-7-9:35
Won’t Back Down (G) Fri-Thu 1:15-3:30-7:15-9:30

Western Film
Room 340, UCC Building,

The Bourne Legacy (14A) Fri-Thu 9:05
Brave (PG) Fri 7 Sat 2-4:30-7 Sun 2:30-4-7 Mon-Thu 7

Wellington 8 Cinemas
983 Wellington Rd. S,
519-685-2529

Dredd (18A) Sat-Sun 1:25
Dredd 3D (18A) Fri 7:15-9:35 Sat-Sun 4:20-7:15-9:35 Mon-Thu 7:15-9:35
Finding Nemo 3D (G) Fri 7:20-9:55 Sat-Sun 1:30-4:15-7:20-9:55 Mon-Thu 7:20-9:55
Hotel Transylvania (PG) Fri 6:50 Sat-Sun 1:20-6:50 Mon-Thu 6:50
Hotel Transylvania 3D (PG) Fri 9:20 Sat-Sun 3:50-9:20 Mon-Thu 9:20

Jake Gyllenhaal stars in End of Watch. HANDOUT

House at the End of the Street (14A) Fri 6:30-9:10 Sat-Sun 1-3:30-6:30-9:10 Mon-Thu 6:30-9:10
Looper (14A) Fri 7-9:50 Sat-Sun 1:10-4-7-9:50 Mon-Thu 7-9:50
The Master (14A) Fri 6:45-9:45 Sat-Sun 12:45-3:45-6:45-9:45 Mon-Thu 6:45-9:45
Trouble With the Curve (PG) Fri 6:40-9:25 Sat-Sun 12:50-3:40-6:40-9:25 Mon-Thu 6:40-9:25
Won’t Back Down (G) Fri 7:10-10 Sat-Sun 1:15-4:10-7:10-10 Mon-Thu 7:10-10

Cineplex Odeon Westmount & VIP Cinemas
755 Wonderland Road South,
519-474-2796

Bolshoi Ballet: The Sylphides - Live (STC) Sun 12:55
End of Watch (18A) Fri 4:45-7:20-9:55 Sat 2:10-4:45-7:20-9:55 Sun 12:50-4:45-7:20-9:55 Mon 7:15-9:55 Tue 4:40-7:20-9:55 Wed 1:10-7:15-9:55 Thu 7:15-9:55
Finding Nemo 3D (G) Fri 4:10-6:55-9:40 Sat-Sun 1:30-4:10-6:55-9:40 Mon 7:25-9:55 Tue 4:50-7:40-10:05 Wed-Thu 7:25-9:55
Hotel Transylvania (PG) No Passes Sat-Sun 12:50-3 No Passes Tue 4:30 Star & Strollers Screening, No Passes Wed 1 Hotel Transylvania 3D (PG) No Passes Fri-Sat 5:15-7:40-9:45 No Passes Sun 5:20-7:40-9:45 No Passes Mon 6:50-9:20 No Passes Tue 6:55-9:45 No Passes Wed-Thu 6:50-9:20
House at the End of the Street (14A) Fri 4:30-7:15-9:35 Sat-Sun 1:50-4:30-7:15-9:35 Mon 7:10-9:35 Tue 4:35-7:10-9:35 Wed 1:20-7:10-9:35 Thu 7:10-9:35
Looper (14A) Fri 4:40-7:30-10:20 Sat-Sun 2-4:40-7:30-10:20 Mon 7:20-10:05 Tue 4:20-7:30-10:15 Wed-Thu 7:20-10:05 Fri 4:15-7:15-10:10 Sat-Sun 1:15-4:15-7:15-10:10 Mon 7:30 Tue 4:15-7:15-10:10 Wed-Thu 7:30 Star & Strollers Screening Wed 1
The Master (14A) No Passes Fri 4-7-10 No Passes Sat-Sun 1-4-7-10 No Passes Mon 7-10 No Passes Tue 4-7-10 No Passes Wed-Thu 7-10 No Passes Fri 3:45-6:45-9:40 No Passes Sat-Sun 12:45-3:45-6:45-9:40 No Passes Mon 7 No Passes Tue 3:45-6:45-9:45 No Passes Wed-Thu 7
ParaNorman (PG) Fri 5:30 Sat 12:55-3:15-5:30 Sun 3:30-5:40 Tue 5
Resident Evil: Retribution 3D (14A) Fri-Sun 7:50-10:30 Mon 7:35-10:10 Tue 7:50-10:20 Wed 1:30-7:35-10:10 Thu 7:35-10:10
Trouble With the Curve (PG) Fri 3:45-6:50-9:25 Sat-Sun 1:40-4:15-6:50-9:25 Mon 6:45-9:25 Tue 3:45-6:50-9:25 Wed 1:15-6:45-9:25 Thu 6:45-9:25 Fri 4:45-7:45-10:30 Sat-Sun 1:45-4:45-7:45-10:30 Mon 8 Tue 4:45-7:45-10:20 Wed-Thu 8

SilverCity London
1680 Richmond St,
519-673-4125

The Campaign (14A) Fri 4:55-7:05-9:50 Sat 12-2:25-4:35-7:05-9:50 Sun 12:30-2:25-4:35-7:05-9:50 Mon-Thu 2:25-4:35-7:05-9:50
The Dark Knight Rises (PG) Fri-Thu 4:05-9:45
The Dark Knight Rises: The IMAX Experience (PG) Fri-Thu 1:50-7
Dredd 3D (18A) Fri 3:25-5:50-8:15-10:40 Sat 1-3:25-5:50-8:15-10:40 Sun 1-3:25-5:50-8:05-10:20 Mon-Thu 2:15-4:35-6:55-9:40
Finding Nemo 3D (G) Fri 2:40-5:15-7:50-10:25 Sat 12:10-2:40-5:15-7:50-10:25 Sun 12:30-2:50-5:15-7:50-10:15 Mon-Thu 2:10-4:30-6:50-9:35
Hotel Transylvania (PG) No Passes Fri 3 No Passes Sat-Sun 12:40-3 No Passes Mon-Thu 3
Hotel Transylvania 3D (PG) No Passes Fri 5:20-7:40-9:55 No Passes Sat 11:20-5:20-7:40-9:55 No Passes Sun-Thu 5:20-7:40-9:55
House at the End of the Street (14A) Fri 2:20-5:05-7:35-10:30 Sat 12:30-3-5:30-8-10:30 Sun 12:35-3-5:30-7:45-10 Mon-Thu 2:20-5:05-7:35-10:10
The Karate Kid (PG) Sat 11
Lawless (14A) Fri-Sat 4:45-7:30-10:15 Sun 5:05-7:30-10:15 Mon 4:45-7:30-9:30 Tue-Thu 4:50-7:30-10:15
Looper (14A) Fri-Sat 2:15-5-7:45-10:35 Sun 1:30-4:15-7:15-10:05 Mon-Thu 1:50-4:25-7:15-10:05
Magical Mystery Tour (STC) Mon 7:15 ParaNorman (PG) Fri 2:40 Sat 11:50-2:40 Sun 12:40-2:55 Mon-Thu 2:40 Pitch Perfect (PG) No Passes Fri-Sun 2:10-4:50-7:30-10:10 No Passes Mon-Tue 2-4:35-7:10-9:45 No Passes Wed 4:35-7:10-9:45 No Passes Thu 2-4:35-7:10-9:45 No Passes Sat 11:40 Star & Strollers Screening, No Passes Wed 1
Resident Evil: Retribution 3D (14A) Fri-Thu 1:55-7:25
Resident Evil:Retribution — An IMAX 3D Experience (14A) Fri-Sat 5-10:20 Sun-Thu 5-10:10
Trouble With the Curve (PG) Fri 2:05-4:40-7:20-10 Sat 11:30-2-4:40-7:20-10 Sun-Thu 2:05-4:40-7:20-10
Won’t Back Down (G) No Passes Fri 2-4:45-7:40-10:35 No Passes Sat 11:10-2-4:45-7:40-10:35 No Passes Sun 1:40-4:30-7:20-10:20 No Passes Mon 2-4:45-10:15 No Passes Tue 2-4:45-7:30-10:15 No Passes Wed 4:45-7:30-10:15 No Passes Thu 2-4:45-7:30-10:15 Star & Strollers Screening, No Passes Wed 1

Three songs away from big releases

SOUND CHECK
Alan Cross
scene@metronews.ca

Tuesday will be another big release day for fourth-quarter albums. Here are three recommended samples from Canada, the U.K. and the U.S.

On the web

Scan this code or visit metronews.ca to listen to Alan Cross' selections.

1

Streets Ahead/ The Tragically Hip

When I spoke to members of the band in mid-2011, they said they'd have a record that fall. Oops. And Now for Plan B is their 13th studio record.

2

The Second Law: Unsustainable/ Muse

After months of teasing, we're finally going to get The Second Law. This track specifically references the second law of thermodynamics, but I'm not sure if they got the physics right.

3

Flavor/Tori Amos

Could we be on the cusp of a major Tori renaissance? Possibly. There's good early buzz on Gold Dust.

Music history

Lil Wayne. GETTY IMAGES

Lil Wayne setting Billboard records

Lil Wayne is not only making rap history, he's making rock 'n' roll history. The rapper has surpassed Elvis Presley as the male with the most entries on Billboard's Hot 100 chart.

Lil Wayne now has 109 songs on that chart with Thursday's debut of Game Songs – Celebration, where he is a guest alongside Chris Brown, Tyga and Wiz Khalifa. Of his 109 charted songs, only 42 are led by Lil Wayne. Presley totalled 108 songs on the Hot 100 since it launched in 1958.

THE ASSOCIATED PRESS

Tribute

Stars coming out for Whitney Houston special

Celine Dion, Jennifer Hudson and Usher will pay tribute to the late Whitney Houston in a one-hour TV special.

We Will Always Love You: A Grammy Salute to Whitney Houston will tape Oct. 11 at the Nokia Theatre L.A. live. It will air Nov. 16 on CBS.

Tickets for the event go on sale Thursday.

The Recording Academy announced Thursday that the special will also include Houston's most memorable performances and interviews with various artists. More performers will be announced. Houston died at age 48 in February. Authorities called her death an accidental drowning, complicated by heart disease and cocaine use.

The compilation album, I Will Always Love You — The Best of Whitney Houston, will be released on Nov. 13.

THE ASSOCIATED PRESS

K'naan's first book offers glimpse into his tough childhood

Children's story. When I Get Older is a window into rapper's life growing up in his native Somalia

As a newcomer to Canada, K'naan was able to find a source of both solace and expression through music.

The launch of his first-ever children's book represents a full-circle moment of sorts for the award-winning rapper, as he fuses literature, art and music to share his childhood story of the immigrant experience.

While the Somali-Canadian poet and MC initially planned — and still hopes — to pen a memoir for adults, When I Get Older: The Story Behind 'Wavin' Flag' documents a pivotal period of K'naan's life geared toward a younger audience.

The book offers a window into life growing up in his native Somalia, and his mother's decision for the family to flee the African country following the outbreak of civil war in 1991. It includes vibrant illustrations by Rudy Gutierrez as well as a brief summary on the history of Somalia.

Rapper and author K'naan
PATRICK HOELCK/THE CANADIAN PRESS

When I Get Older chronicles the challenges K'naan faced adjusting to life in New York and later Toronto, where he describes feeling like an outsider in his new environment, from his clothes to contending with a crude classmate.

"I thought it would be really more interesting for me — at this moment anyway — to write a little story contextualizing certain things which could seem so mythical to kids, and putting them in simple words around a song they already love," K'naan said in a recent phone interview.

Music will again be in the forefront for K'naan with the upcoming release of Country, God or the Girl on Oct. 16. The new album will include a number of high-profile collaborations, including with Bono. K'naan and the U2 frontman have previously teamed up outside of the recording studio to bring awareness to the plight of famine in Somalia.

THE CANADIAN PRESS

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Deadmau5 shows he's far from the timid type

Interview.
Electronica superstar lashes out at Metro writer during an interview about his new album

TARIN ELBERT
tarin.elbert@metronews.ca

Deadmau5 had lots to say in a recent interview with Metro. HANDOUT

The magic carpet that lifted Joel Zimmerman from his modest days as a computer geek in Niagara Falls, Ont., to the apex of electronica soars on. He was the first-ever electronic artist to front Rolling Stone, blew the wow-meter whistle with his Grammy performance, and just unleashed his sixth long player, already a near chart-topper in all places that matter.

Deadmau5's >album title goes here< ("There's no message in the title," he said during a Skype one-on-one), drives into you like a train at the get-go. From the sultry rumble of Superliminal, to the hump-hump pump of There Might Be Coffee, and the "let me do the time-warp with your head" shiver of the Close-Encounters-themed Closer, the happy beats just don't stop.

Well then, who needs "Molly?" For those who don't know, that's a reference to Deadmau5's expletive-laced Facebook rant directed at Madonna, after she asked partiers at the Ultra Music Festival: "How many people in this crowd have seen Molly?"

Clearly, a thinly veiled reference to the drug MDMA, also referenced in the title of the old girl's new album. (Metro was barred from asking Deadmau5 about this.)

Millions of Mouse fans, however, do have the opportunity to engage the feisty Zimmerman on social media, something he enjoys immensely.

"That's important to me… it's opening up that transparency between artist and fans, let them know what you're up to," he said over Skype. "I have pretty much dedicated my life to my career and my career to my life, to share that with other people is a wonderful thing."

When asked how he felt about some his fans being high at his concerts, Zimmerman responded with: "You are dumbass for making such a stupid statement — all of the fans at my show are high? Are you high right now? I don't think that is a fair statement, I'd like to avoid that question."

No, we said some of your fans … Can you talk about what the experience is like for you, then, creating this technological orgy during your performances?

"I am just too busy with my machines … I just go into auto-pilot and go through the motions, as I do every show. Just try to deliver the best quality-sounding thing,

as opposed to showboating it, I mean that's what the production gear is for," Mouse said.

"I much prefer eyes on the gear, and take care of all that and let the show itself dazzle everyone as opposed to me getting played on a CD player and fist-pumping and doing cartwheels with two leopards," Mouse roared.

What does Zimmerman think of Billy Joe Armstrong's (Green Day) meltdown?

"I did not see it, I wasn't there and I don't know him. I wish him well. …What does that have to do with the album?"

It was a question requested from a fan, sent to Metro via Twitter. "Well, I could ask questions on Twitter."

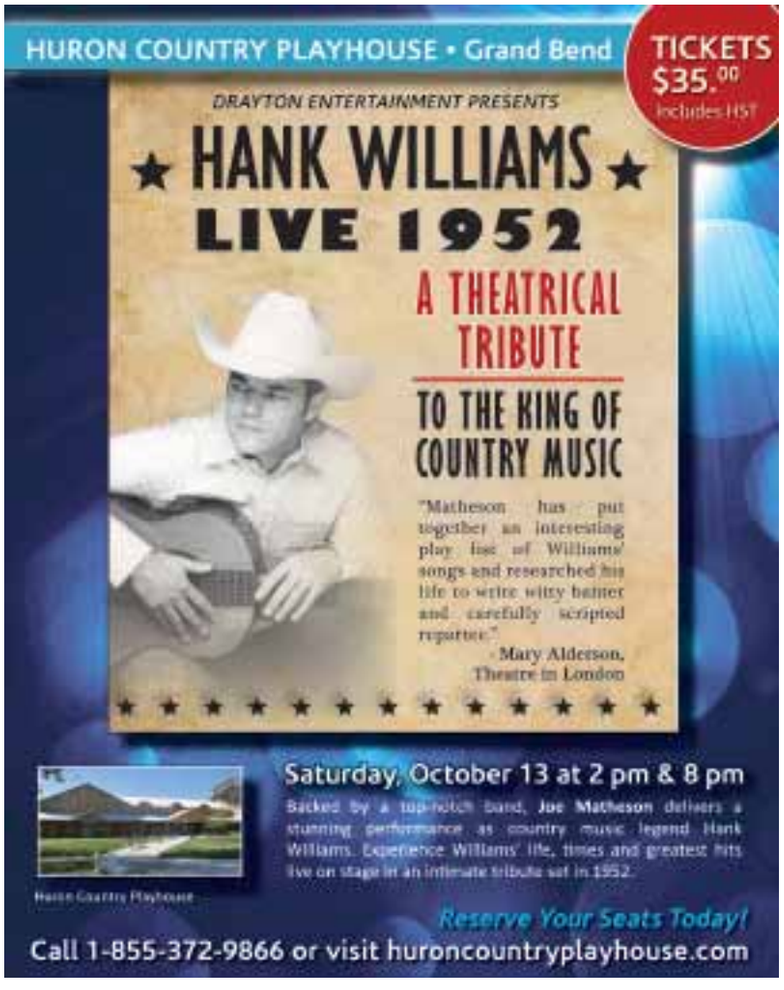
Dead silence … Deadamu5 killed the call.

Ouch, this Mouse has claws.

Quotes

A few choice quotes from the interview

- **Do you dance?** "Not really, I am usually the head-nodder guy."
- **What's the most club-friendly track on the album?** "Closer is definitely more the clubby tune."
- **Who do you listen to?** "Radiohead, Nine Inch Nails, Boards of Canada, lots of different stuff."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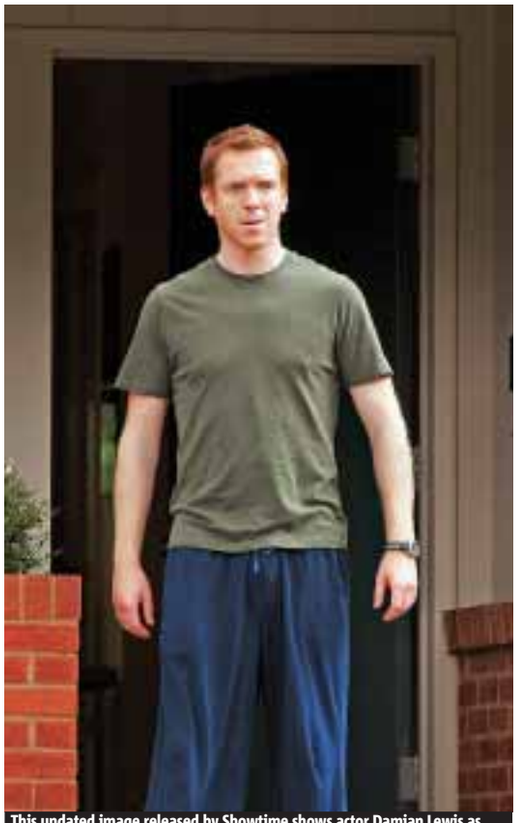

This undated image released by Showtime shows actor Damian Lewis as Nicholas Brody in a scene from Homeland. It's the hottest show on TV, and yet most Canadians have likely only caught a glimpse of Homeland through splashy U.S. awards shows. SHOWTIME/KENT SMITH/THE ASSOCIATED PRESS

Catch up with the series. After winning TV's highest honours last weekend, Homeland is the most talked-about political drama

AMBER RAY
Metro world news in New York

Nicholas Brody
Played by Damian Lewis

When we first met him...
Brody, the Marine sergeant who was held by al-Qaida as a prisoner of war for eight years, returned to the U.S. a war hero, but was suspected of being "turned" by terrorists and viewed as a risk to national security by CIA operative Carrie Mathison.

"In the first season, he was a man just trying to re-enter civilian life," Lewis says. "There was a degree of damage which elicited some sympathy from the audience, but at the same time he also was the menace. So people were terrified of him."

What's to come
Now a U.S. congressman, will Brody achieve his goal of destroying America from within?

"Brody made a mission statement at the end of the first season, saying he wanted a nonviolent political subversion of American policy," Lewis says. "He would like to think he's in control of his own destiny. He absolutely won't be is my prediction for this season, and I think he will live in a state of heightened anxiety and paranoia and uncertainty. Essentially, he's everybody's b—. He's pretty f—ed."

Quoted

"He's like a suppurating sore that will, I imagine, need to be lanced at some point."

Damian Lewis on where we find Brody in Season 2

Carrie Mathison
Played by Claire Danes

When we first met her...
As a CIA agent in Iraq, Carrie was told of an American POW who had been turned into an al-Qaida sleeper agent. Suffering from bipolar disorder — something she hid from nearly everyone — she became obsessed with the recently released Nicholas Brody, who fit the description of the terrorist.

"There was that crescendo of mania at the very end (caused by Carrie's bipolar disorder), but throughout that first season, it was sort of simmering," Danes says of her character's condition.

Though her illness complicated things, Danes believes the highly intelligent Carrie had "some suspicion that maybe her condition was responsible for her genius. I think that's probably true for a lot of people with the condition," she adds.

What's to come
After Carrie's condition was made public, the disgraced operative sought treatment through electroconvulsive therapy.

Undergoing the procedure, which can cause memory loss, led to her being unable to recall key information she uncovered about Brody — even after she is asked to return to duty.

"She's been outed as this person with this condition, and that has altered her in a pretty fundamental way," Danes says.

"She's not hiding to the same extent, and she doesn't have that same kind of panic and defensiveness. And when we find her at the beginning of the second season, she's been very humbled, and she's really struggling with a real crisis of confidence. She gets her mojo back, but it takes some time."

Tune in!

- Homeland airs on Super Channel in Canada.

Quoted

"I think she is freer. I think she's a little bit less paranoid, you know, a little less high strung."

Claire Danes on where Carrie is in Season 2

Three new shows to keep an eye out for

Metro World News

Made in Jersey

A plucky gal from New Jersey uses her blue-collar background to her advantage to work her way up at a prestigious Manhattan law firm full of Ivy League snobs. Soft-spoken British star Janet Montgomery nails the brassy attitude and accent TV viewers now expect of characters from the Garden State.

PREMIERES FRIDAY, GLOBAL

666 Park Avenue

At the ominous address of 666 Park Avenue, anything you desire can be yours. Everyone has needs, desires and ambition. For the residents of The Drake, these will all be met, courtesy of the building's mysterious owner, Gavin Doran. But every Faustian contract comes with a price.

PREMIERES SUNDAY, CITYTV

Malibu Country

Reba McEntire returns to the multi-camera sitcom format as a wronged mother of two who moves into her cheating country singer husband's Malibu pad and decides to revive her own music career. The scene-stealer is Lily Tomlin, playing Reba's marijuana-loving mama.

PREMIERES NOV. 2, CITYTV

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Jennifer Garner ALL PHOTOS GETTY IMAGES

It's all in a day's work for Garner's hubby, Affleck

With three young kids already at home, Jennifer Garner says she's not planning to have any more children, despite husband Ben Affleck's desire for a bigger family.

But then that's the thing about plans: "I am not pregnant now. I plan to be done," Garner tells Ellen DeGeneres in an interview. "But my husband is kind of a wonder sperm kind of guy. You never don't know. You just have to look at him."

Quoted

"I am not pregnant now. I plan to be done. But my husband is kind of a wonder sperm kind of guy."

Jennifer Garner

Lady Gaga

Is Gaga a slut?

Lady Gaga has a lot of friends around the world, but Staten Island Borough President James Molinaro is definitely not one of them. "There's Gaga. I would call her a slut. This slut is influencing many, many children," Molinaro said at an anti-drug event earlier this week, criticizing Gaga's recent actions at a concert in Amsterdam during which she smoked marijuana on stage. "She's a slut in the pure word, in the pure meaning of the word," he explained. "A slut is someone that's immoral or uses improper conduct. So she's using improper conduct. So she's a slut. Anyone that would expose people that look up to them and who their idol is, to the use of narcotics, to me is a slut, male or female. It doesn't matter."

The Word

The latest in ridiculous celebrity baby names

THE WORD
Dorothy Robinson
scene@metronews.ca

The new trend in Hollywood baby names? Naming your child after a geographical location.

In the past month, Nick Lachey and wife Vanessa Minnillo named their baby Camden, as did Kristin Cavallari and fiancé Jay Cutler. Next up in the locale-as-a-name trend? Reese Witherspoon, who gave birth to a baby boy named Tennessee James on Thursday. "Reese Witherspoon and husband Jim Toth welcomed Tennessee James into their family today," her rep confirmed to People magazine. "Both mom and baby are healthy and the entire family is thrilled."

For those of you who are keeping track at home (and hopefully none of you are), let me bear the brunt of this useless information for you. There's also Brooklyn Cruz (son of Victoria and David Beckham), Bronx Mowgli Wentz (son of Ashlee Simpson and Pete Wentz, Egypt (son of Alicia Keys and Swizz Beatz), Paris Jackson (daughter of Michael Jackson and some very well-paid egg donor), and India Hemsworth (daughter of Chris Hemsworth and Elsa Pataky).

As for me, I'm holding out for a little Tajikistan Spears some time in the near future.

What if it's all been a lie?

So much time, effort and column space has been spent dissecting the marriage (Demi is a cougar!) and the eventual divorce (Ashton likes cheap, young Vegas tail!) between Ashton Kutcher and Demi Moore.

And you know what? We shouldn't have. Really. As it looks like there wasn't a valid marriage to begin with.

RadarOnline has a very interesting theory: they say the reason Moore didn't file for divorce the moment Kutcher returned from Vegas — not to mention when he started his new relationship with Mila Kunis — is because they were never married.

Russell Brand

Branding relationships

At this point, Russell Brand has been talking about his marriage to and divorce from Katy Perry almost as long as they were actually wed. In a candid interview with Australia's 60 Minutes, the British comedian talks about why things didn't work out between him and Perry. "Sometimes it goes well, sometimes it don't, but if you sort of sense there's an incompatibility, then in any relationship regardless of the status of the individual, it kind of is best to go separate ways," he says. "I think if you're a devoted tennis professional and you get married to a crystal meth addict, you might have trouble. I've been in a lot of trouble."

Louis Tomlinson

Tomlinson: What a dreamboat

One Direction boy-bander Louis Tomlinson wants the world to know he's a good boyfriend.

The 20-year-old Brit, who has been dating model Eleanor Calder for nearly a year, tells the magazine Fabulous UK that he's planning to remain faithful. "Sorry girls, I'll never sleep around," he says. "I'm a very loyal boyfriend. I'm a bit of a joker. I can be romantic, but not too sickly."

Twitter

@ConanOBrien
Tonight, I propose a 28th amendment: "No reality star shall question a sitting president unless they were the last one on the island."

@taylorswift13
Just clipped my cat's claws all by myself. Didn't get mauled. Celebrate life's little victories.

@RobLowe
Could the background at the podium of the UN be any uglier? Looks like the wall in a 70's shower.

@SarahKSilverman
If I have a son I'm gonna name him Juan Epstein

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NEWS CANADA PHOTO

BRING NEW LIFE TO YOUR KITCHEN

Kitchens are a reflection of personal style. Just as you add new pieces to your wardrobe when the seasons change, kitchen updates keep spaces fresh and current. The following three tips, inspired by fall/winter interior design trends from design duo Blazys Gerard, offer splurge versus save ideas to bring a unique flair to your kitchen and entertaining space.

GO GLAM

SPLURGE: Streamline your layout to evoke a sleek and sophisticated vibe. For entertainers, an open-concept living space with an oversized island creates a central hub at parties. The addition of an under-counter beverage centre is always a hit with guests and wine lovers alike. For texture and elegant contrast, select a high-gloss stone countertop and dark-stained floors.

SAVE: Backsplashes are a blank canvas and offer the opportunity to create a big impact. Whether you embellish the space with mosaic tile, glass, or even stylish marble, a show stopping backsplash creates a feature wall that is as beautiful as it is functional. Another option is to install a statement light fixture, whether architectural or ornate, to shine new light onto the space.

TURN UP THE HEAT

SPLURGE: Take inspiration from a modern gastropub and incorporate a fireplace into your kitchen. While this is a significant design commitment, a fireplace is a modern addition to the kitchen and unites living spaces, particularly in open concept homes. Richly stained cabinets exude further warmth and provide a restaurant-at-home feel. Keep the lines of the cabinets and countertops slick and you will have a contemporary, eclectic space.

SAVE: If you live in a condo where the addition of a fireplace isn't an option, bring in warmth through accessories. Cookbooks, cosy throw pillows, and banquette seating will soften the space and create a relaxed atmosphere. A vintage settee in place of two chairs at the table is another way to add a touch of luxury and comfort.

ADD RUSTIC CHARM

SPLURGE: Create a chic space with rustic touches: Butcher-block countertops, a reclaimed wood dining table, and wide, wood plank floors. Clean cabinetry with built-in stainless steel appliances provide the ultimate base and maintain the focus on your overall design.

SAVE: Bring in additional rustic elements through thoughtful accessories: A reclaimed wood plank is a beautiful table runner, especially when stained to complement your kitchen, and a vintage milk jug doubles as a statement vase.

As a final tip (and the most simple of all), stop by your local farmers' market or flower shop — fresh blooms add visual interest and bring instant life to any space.

So whether you choose to do a major renovation or some quick revitalizing, keep these design trends in mind as you update your kitchen this fall to bring new energy, warmth, and style to your home.

– News Canada

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NEWS CANADA PHOTO

TURNING UP THE HEAT

THERE ARE CHOICES OUT THERE FOR YOU AS A CONSUMER

If you are building or renovating a home and installing a heating system in the process, chances are you are considering the system that is the least expensive and easiest to install — and forced air is probably at the top of your list.

However, experts advise homeowners do some research when it comes to home heating. Thanks to versatile installation options that let homeowners scale the installation according to their budget and needs, today you can enjoy many of the benefits of radiant heat, the gold standard heating system, without installing it throughout your entire home.

"Radiant heat is the most energy efficient, healthy and architecturally versatile heating system available in Canada, providing homeowners with uniform heat, warm floors, clean and elegant lines, and reduced exposure to dust and airborne allergens," says Hans Kircher, the heating ambassador for Beautiful Heat. "Homeowners who are renovating or building should consider installing radiant heating because it is a truly superior heating system and there are so many flexible installation options."

According to the Beautiful Heat survey, an online study of 1,003 Canadian homeowners, 42 per cent of respondents said cost was the most influential factor when they considered purchasing a heating system, while 30 per cent of respondents said the most influential factor was ease of installation. The survey also revealed that 44 per cent of respondents have cold basements. If they could change one thing about the heating in their home, 19 per cent would like to install heated floors.

Unlike forced air, which is designed to blow hot air throughout the home, Kircher says radiant heat can easily be installed during a basement renovation or the construction of an addition. If a home already has a boiler and radiators installed, it is also very simple, while renovating, to extend radiant heat to a bathroom or kitchen.

Radiant heat is also an ideal choice for rooms that are not used regularly as its zone controls enable the heat to be lowered in low traffic areas of the home for maximum energy efficiency. Homeowners who want to add a few luxury finishes to their home, such as a snow melting system for the driveway or roof, or a heated garage, will discover radiant heat is easy to install and they will enjoy its luxurious benefits all winter long.

– News Canada

BOOSTING VALUE TO YOUR HOME

When you want to improve the value of your home, get the most out of the money you spend on renovations with a few easy remodelling tips from Sally Morse, director of creative services for window fashions company Hunter Douglas:

AN UPDATED KITCHEN: Gone are the days of the purely utilitarian kitchen. Today, kitchens require a balance between functionality and personal style. Invest in a new kitchen table that is both serviceable and aesthetically pleasing. Ever wondered what to do with that dining room you never use? A lot of families are doing away with the tradition of having a separate dining room by joining the two rooms. That way you get added space and value in the room that you are using more often.

STORAGE SPACE: A stuffy old attic or basement that hasn't been cleaned out in years is a waste of valuable space. Start by clearing out your storage areas and organizing their contents. Uncluttering your home will instantly make it look bigger and cleaner.

WINDOW SHUTTERS: One of the best ways to add value is at the window. The refreshed, fashionable Palm Beach polysatin shutters with the DuraLux finish by Hunter Douglas are virtually indistinguishable from finely painted ones — making these shutters an excellent investment choice for your home.

MODERN BATHROOMS: Just by making a few changes in your bathroom you can create a more attractive and comfortable space, as well as increase the value of your home significantly. Updating simple fixtures such as your faucet and sink, or adding in a bath, can give any outdated bathroom new style.

– News Canada

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LUXURY LAUNDRY IS THE NEXT TREND

FUNCTION AND FORM IS THE KEY

First it was glamorous bathrooms with crystal chandeliers over massive soaker tubs. Then kitchen renovations got the special treatment with exotic wood cabinetry, Italian tile backsplashes and sophisticated appliances that looked as good as they cooked.

So it's no wonder that the laundry room is the next functional room with a view to a makeover. With all the time we spend washing, drying, ironing and folding clothes, laundry rooms are at last becoming the places in which we would actually like to spend that kind of time.

The trick to a luxurious laundry room is function and form.

Top-loading washers and dryers are back. How many times do your small clothing items hit the floor before going from the washer to the dryer? These top-loading washer/dryer pairs make it easier to transition clothing from one machine to the other and, ultimately, create a more ergonomically correct and comfortable laundry experience.

An added bonus is that many of these are also environmentally friendly.

For example, the Kenmore high-efficiency top loader allows you to save up to 16,400 litres of water every year. That's enough water to shower once a day for six months.

Many machines also now come in a variety of colours to add a splash of interest to your laundry room and co-ordinate with cabinetry and other decorative touches.

"With colours like white, grey and purple, doing laundry can now be a beautiful experience. You won't want to close the door to the laundry room anymore," says Cindy Jardim, a trend director from Sears Canada.

– News Canada

NEWS CANADA PHOTO

SIMPLE STYLE TIPS

Each time you open a kitchen cabinet or reach for a towel in the bathroom you will give yourself a nice surprise. It's all so simple — and not at all expensive. Say goodbye to old cabinet hardware and indulge yourself in new shapes, new styles, new colours.

With major makeovers and renovations put on hold, homeowners are focusing on decorative hardware for the small, low-cost changes that mean so much. And manufacturers are responding, with new shapes, new styles, and especially new colours.

Take Amerock, for example. A familiar name, with more than 80 years in business, but still with its finger on the pulse and developing complete answers to homeowners' needs. Fall in love with a style, and you will find it's available in all the shapes, sizes and colours — even hard to find oversize items.

Looking for glamour? Reach for Abernathy, which combines jewel-like clear crystal with a choice of metallic finishes — antique silver, oil-rubbed bronze and satin nickel. How could a simple knob be quite so elegant? And how could such an elegant accessory cost so little?

New from Amerock are two gorgeous finishes, both variations on the increasingly popular theme of bronze.

The company's designers describe the new caramel bronze as a "decadent" finish. It has a glow all its own, rich and coppery. It's available in the sleek and modern Candler Collection of pulls and knobs, and in the even sleeker Extensity Collection.

The other new finish — brushed bronze — plays up the silver and gold tones, and can be seen at its most elegant in the Essential'Z cabinet collection and the Arroni bath collection.

You can browse the complete offering online at amerock.com. Local sources include Home Depot, Home Hardware and Rona.

– News Canada

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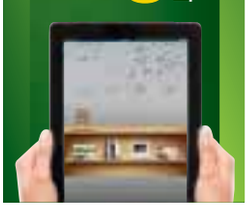

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Ontario

Cook modern Indian fare just like Vikram Vij

Marinated Lamb Popsicles. The famed Vancouver chef shares the secret to his eatery's signature dish

IZABELA SZYDLO
life@metronews.ca

Since 1994, Vikram Vij and his wife Meeru Dhalwala have been serving up Indian food in their Vancouver restaurant Vij.

The creations have won them praise (the New York Times called the eatery "easily among the finest Indian restaurants in the world") and accolades, including the title of Best Restaurant in Canada by a vacay.ca, a North-America-wide study.

The famed chef has even expanded his empire to include cookbooks and frozen foods that are free of all preservatives, hormones and gluten (vijs.ca).

Extremely proud of his Indian roots, Vij has also become an advocate of education into Indian food and cooking.

This recipe serves six. VIJ'S RESTAURANT

Ingredients

Lamb
- 1/4 cup sweet white wine
- 3/4 cup grainy yellow mustard
- 1 tsp salt
- 1 tsp ground black pepper
- 4 lbs French-cut racks of lamb, in chops

Curry Sauce
- 4 cups whipping cream
- 1 tbsp salt
- 1 tsp paprika
- 1/2 tsp ground cayenne pepper
- 1 tbsp dried green fenugreek leaves
- 1/4 cup lemon juice
- 1/4 cup canola oil
- 3 tbsp finely chopped garlic
- 1 tsp turmeric

He shares his recipe for Marinated Lamb Popsicles with Fenugreek Cream Curry.

"This is our signature dish at Vij's — probably our most famous and most popular," Vij says. "The size of the Lamb Popsicles will depend on the rack of lamb you buy. If the popsicles are bigger, four per order is usually enough. This recipe is for 30 medium-size popsicles, with five per order. Serve these popsicles over new potatoes."

1. Combine wine, mustard, salt and pepper in large bowl. Add lamb and coat well with marinade. Cover bowl with plastic wrap and refrigerate 2 to 4 hours.

2. In bowl, combine cream, salt, paprika, cayenne, fenugreek leaves and lemon juice.

3. Heat 3 to 4 tbsp of oil in medium pot on medium heat and sauté garlic until golden. Stir in turmeric and cook 1 minute. Stir in cream mix and cook on low to medium heat for about 5 minutes, or until it is gently boiling.

4. Preheat stove-top cast iron grill or barbecue to high heat. Place lamb on grill and cook 3 minutes per side.

5. Serve popsicles piping hot off grill. Place four to five lamb chops on each plate. Pour cream curry over meat or ladle it into small bowl and use as dipping sauce for popsicles.

RECIPE COURTESY OF VIKRAM VIJ

Vij's Indian cooking tips

- **New flavours.** Buy a selection of Indian spices and try adding them to a dish you're cooking. Let your taste buds decide what you like, and don't be restricted by a recipe.
- **Buy local ingredients.** Doing this in Canada can give Indian meals a very unique twist. You're turning locally sourced products into curries.

Appetizer. Savoury Raw Jackfruit.

1. Drain jackfruit, place on paper towels for 30 mins.

2. Break open cardamom pods, remove seeds. Heat oil in pan on medium-high. Add cumin seeds, cook 10 seconds. Add onions and sauté 10 mins. Add garlic and dried chilies, including seeds, and sauté 2 mins. Stir in tomatoes, add cardamom seeds, mustard seeds, fenugreek, turmeric, chili powder, paprika, ground cumin, coriander and salt. Stir and reduce heat to med. Cook 10 mins. Stir in water, turn off heat, set aside.

Ingredients
- 3 cans (20 oz) jackfruit
- 6 black cardamom pods, seeds removed
- 1/3 cup grape seed oil
- 1/2 tbsp cumin seeds
- 1 large onion, finely chopped
- 1 tbsp chopped garlic
- 6 to 8 dried red chilies, broken in half, with seeds
- 2 cups canned crushed tomatoes
- 1/2 tbsp ground black mustard seeds
- 1 tsp ground fenugreek seeds
- 1 tsp turmeric
- 1 tsp Mexican chili powder
- 1 tsp paprika
- 1 tsp ground cumin
- 1/2 tbsp ground coriander
- 1 tbsp salt
- 1 cup water
- 6 cups oil for frying

3. Place paper towels on tray and preheat deep fryer to high or heat oil in large heavy pan on high 5 mins. Once oil is hot enough, place jackfruit in pan and fry until light brown (about 5 mins.). Using tongs, transfer fried jackfruit to paper towels, cool 15 mins.

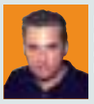
This recipe serves six. VIJ'S RESTAURANT

4. Carefully stir jackfruit into masala on medium heat. Once masala starts to boil, reduce heat and simmer for 5 mins. Serve and enjoy.

RECIPE COURTESY OF VIKRAM VIJ

Liquid Assets

Germany can compliment India's finest



LIQUID ASSETS
Peter Rockwell
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Readers are always asking me for a cheat sheet to help them make the perfect food and wine pairing.

While I really wish I had one, the best advice I can give is to look for synergy. By that I mean eats and drinks that originate in the same place always taste better together.

The closer the origins of both the liquid and solid are, the better the marriage will be because winemaking is the yin to the culinary industry's yang.

So what do you do when a country is famous for its unique cuisine but not for its wine output?

India is a classic example. Though it's been pressing grapes for decades, it doesn't export much and the eclectic nature of a plate of Indian-themed eatables is almost grounds for divorce when trying to create the perfect wine marriage.

The crisp effervescence of a dry sparkling wine is a good way to go. As is a white with a hint of sweetness.

The Germans do that kind of vino best, with Schmitt Söhne's 2011 Relax Riesling — a bright, refreshing wine that will soften the blow of even the most aggressive curried dishes.

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

On the web

Qrikel

More women winemakers are making names for themselves

Make a dessert that will certainly take the cake

Dessert. The star of Ace of Cakes, Duff Goldman, offers advice to home bakers trying to master sweet treats

MEREDITH ENGEL
Metro World News in New York

Having conquered the world of cakes (and reality TV), Ace of Cakes star Duff Goldman went right to his next challenge: chocolates.

Though we met up with him to learn about his new cake-inspired truffle collection for Godiva, we couldn't help but ask how to make a cake the highlight of any party.

Here's his advice for home bakers everywhere.

Be a cake whisperer

"The cake — this is gonna sound weird — but it does talk to you. It tells you what (it wants). You have a white cake and there's nothing on it, you put one thing on there and all of a sudden you're just like, 'Oh, now I need to do this.' The human mind seeks harmony. I'm serious — you want things to work. A major chord sounds really good, a chord that isn't played right doesn't sound good, and there's a reason: We want harmony. Same thing with when you're making a cake."

Develop your senses

"When the cake's in the oven, your nose will tell you when it's done. And you develop that sense."

Duff Goldman, star of Ace of Cakes, on sensing when baked goods are done

Let your nose guide you

"When the cake's in the oven, your nose will tell you when it's done. And you develop that sense. Any pastry chef will tell you: They stop setting timers after a year. When I was working at a hotel in Colorado, I could put something in the oven and just leave, call and be like, 'Hey, can you go in the bakery and pull out the tray of cookies in there? They're done.'"

Don't buy that popular cookbook

Goldman swears that the best cake recipes may be right under your nose, at your school's or church's bake sale. "Chefs (have) really low self-esteem. They get very paranoid and they don't want to tell people their secrets. Most chefs, when they write a cookbook, chances are they leave a little ingredient out or they change a little something — or maybe they just found a recipe online, tweaked it a little bit and put it in a book. But the church bake sale? Betty Blue McMillan, she wants you to make those cookies right."

Conquer the calligraphy

Is your "Happy Birthday" always illegible? Goldman's got the solution. "I have a very shaky hand," he says. "When you're decorating, lift the tip of the bag off the cake a little bit. That takes the wiggle out. Lift it up and lay it down, and then as it lays down it lays down in a nice, straight line."

Make perfect buttercream

We scored tips from Elisabeth Allwein, the director of product development for Cheryl's Desserts, a U.S.-based maker of sweets.

- **Use real ingredients.** "It's real vanilla, real peppermint extract, nice coca — it's the real ingredients and then the way you mix them."
- **Don't let your ingredients get too warm.** "I don't leave my butter out for too long because I don't want it to get too warm and almost broken down during the mixing process."
- **Get creative.** "I think of buttercream as the canvas and then I embellish it. If I want it to be something that's more comforting and homey for this season, I might put a little maple syrup in it or maybe cinnamon. With vanilla beans, I split the bean and scrape out the seeds, and then you can store that vanilla bean in your sugar and the over time it will really infuse the sugar. Sometimes I like to be a little more edgy so I in put a little bit of chili powder in there."

Making your cake the highlight of your next party is easier than you may think. ISTOCK

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Seeking six figures? Try a career in dirty talk

Phone sex. Even with the Internet, dial up fun is still appealing to some — here a few women talk about their jobs as operators

CASSANDRA GARRISON
Metro World News in New York

Films like For a Good Time, Call... spark an interest in the phone sex industry. HANDOUT

The sleeper comedy For a Good Time, Call, in theatres across Canada, has perked interest in the world of phone sex.

It's a long-time industry that is still quietly plugging away, despite the rise of Internet porn.

The film chronicles the adventures of two young women who launch a phone sex line together out of their New York City apartment. It's not long before they're rolling in thousands of dollars.

But while real-life phone sex operators say the money is definitely good, they also caution that it doesn't happen overnight.

Lynnea, 30, is a phone sex operator based outside Pittsburgh. She's been in the industry for more than 10 years, and told Metro the notion of quick cash while working from home during her college years is what drew her to explore the profession.

In her first year, she made $20,000. Now, she said, she easily makes $160,000.

"It's not quick money, you have to build your clientele," Lynnea said.

"It took about five years till I was rolling in money and I'm not making a million a month, but I've been able to purchase a home, I get new vehicles, I get exotic vacations, I can do all of that."

Ruby, a phone sex operator who got into the industry as a stay-at-home mom, plays about 16 different female characters over the phone, from the hot and sexy Caitlin to the busty Roxanne.

She answers calls that are routed to her through her company's dispatcher and gets paid 50 cents per minute. For her, the big money with phone sex — which she describes as narrated porn — comes from repeat clients who she can keep on the line. Her longest call lasted more than 10 hours.

"It's probably not realistic to make $10,000 in a month. You have to get publicity, you have to advertise," said Ruby, who is originally from Queens in New York but is now based in Florida.

"If you can land what we call in the business a whale, you are going to do well, but those are few and far between."

And, according to these PSOs, as phone sex operators call themselves, phone sex takes a lot more than a little dirty talk.

It takes a certain personality to keep clients interested, leading them to call back again, they said.

And a PSO has to be willing to explore the deepest depths of sexuality.

Lynnea refuses to talk about anything that is illegal in real life, like pedophilia or bestiality.

But Ruby, a so-called "no-taboos" PSO, will discuss any fetish a client wants to talk about.

"Anything goes," she said. "If you want to talk about reading a library book or you want to talk about getting your (expletive) cut off, that's fine — I'm an actress."

Quoted

"It took about five years till I was rolling in money and I'm not making a million a month, but I've been able to purchase a home, I get new vehicles, I get exotic vacations, I can do all of that."

Phone sex operator Lynnea, who makes $160,000 per year talking dirty.

Is it your calling? The job offers good money — and some real freaky clients

Phone sex operators predict a rise in interest from women considering joining the profession following the release of For a Good Time, Call.

"Every time there is some type of media exposure, I got swamped with applications," Lynnea said, adding that prospective PSOs have to brace themselves for disturbing calls.

"You are going to encounter every issue because you are talking to men nationwide," she said. "You will encounter racists who want you to use racial slurs in your phone sex."

Ruby said aside from needing a land line and committing to a 20-40 hour week, a PSO has to be outgoing, imaginative, knowledgeable about sexual fetishes and, most importantly, able to offer a human connection over the phone. "You need compassion. Sometimes the call is the only nice part of their day," Ruby said.

"They may have really crappy lives. I like to think I'm giving them a little bit of sunshine."

METRO

Selective admissions

Do phone-sex-chat operators keep their job a secret?

While Lynnea admits that close friends and family know she works as a phone-sex operator, she typically tells people in social settings that she works as a phone operator for the Home Shopping Network.

Though she currently has a long-term boyfriend who knows and accepts her profession, she said the topic wasn't always easy to navigate.

"There have been guys I dated in the past that weren't going to accept it, but that's also someone I was not going to spend my life with, either," she said.

"I have had some that have gotten concerned as if I am cheating on them, but that's not the case."

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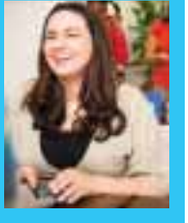


Have a few gaps in your schedule you're looking to fill?
Whether you're hoping to dance, drink or just relax, check out these hot upcoming events.

MIX OF SIX
Julian Uzielli
london@metronews.ca

Album of locals

Lovers of the London music scene won't want to miss the new compilation album from Half a Dino, released this week. The London-based music promotion group is celebrating their first anniversary with a collection celebrating the best in homegrown talent from the Forest City, including artists like Wild Domestic, Amity Beach and Sam Allen. Available at Grooves (353 Clarence St.), Hot Dog (256 Richmond St.) and at all Half a Dino shows, every Thursday & Friday at APK Live (340 Wellington St.). Photo courtesy of Matt Trocchi.

Jason Collet CD Release concert

Juno-winning singer-songwriter Jason Collet is stopping in London next week on his tour in support of his fifth solo album of catchy indie-pop tunes, Reckon. Originally a carpenter, Collet rose to fame as a guitarist with Canadian indie sensations Broken Social Scene before heading out on his own. Catch his show at the London Music Club (470 Colbourne St.) on Wednesday, October 3 at 8 p.m. $20 at the door or $15 in advance from londonmusicclub.com. Photo courtesy of London Music Club.

Jian Ghomeshi at Chapters

Jian Ghomeshi, writer, musician and host of CBC Radio 1's popular arts and culture show Q, will be in London this weekend in support of his new book. 1982 is a memoir about Ghomeshi's experience of coming of age and trying to be cool in the 1980s. Ghomeshi will be on hand to speak about the book and meet fans at Chapters South London (1037 Wellington Rd.) on Saturday, Sept. 29 at 2:30 p.m. No charge for admission. Photo by Melissa Durbano.

Homecoming Weekend

Western's annual homecoming weekend kicks off Saturday morning at 10 a.m. with the homecoming parade, taking a new route confined to the Western campus for the first time this year. The football game against the McMaster Marauders starts at 1 p.m. at TD Waterhouse Stadium on Western's campus, and there will be events and deals for students at alumni at several bars restaurants around town for the duration of the weekend. For a full list of Homecoming events, times and prices, check out alumni.uwo.ca/connect/homecoming. Photo by Ritchie Sham.

Life drawing at Museum London

Beginning on Tuesday, Oct. 2 and continuing until Nov. 20, Museum London is holding an eight-week life drawing class that will allow students to explore the human form working from a live model. Guided by instructor Neil Klassen, the class will provide a fun and welcoming environment for students of all skill levels. 7-9 p.m. Tuesdays, $160 ($145 for members, materials not included). Call 519-661-0333 to register. Pencil drawing by Neil Klassen.

David Suzuki and Jeff Rubin

David Suzuki and former CIBC chief economist and author Jeff Rubin will speak at Western University on Thursday, Oct. 18, on the subject of "the end of growth"—also the title of Rubin's new book — discussing our global economic system. Tickets are sure to go fast, so reserve yours early. Alumni Hall at Western University (1151 Richmond St.). $10 for students and $15 for non-students, available at the Western book store and endofgrowth.ca. Photo courtesy of Jeremy Santucci.

NHL

League cancels entire pre-season

The NHL's collective bargaining talks are set to restart with a session that is likely to run through the weekend.

And with the league announcing the cancellation of the remainder of the pre-season on Thursday, negotiations will have to pick up steam to prevent the loss of meaningful games.

The league and NHL Players' Association have blocked off Friday, Saturday and Sunday for meetings in New York after spending more than two weeks away from the bargaining table.

The talks resume with the scheduled Oct. 11 start to the regular season drawing near. THE CANADIAN PRESS

NFL

Regular referees return to the field

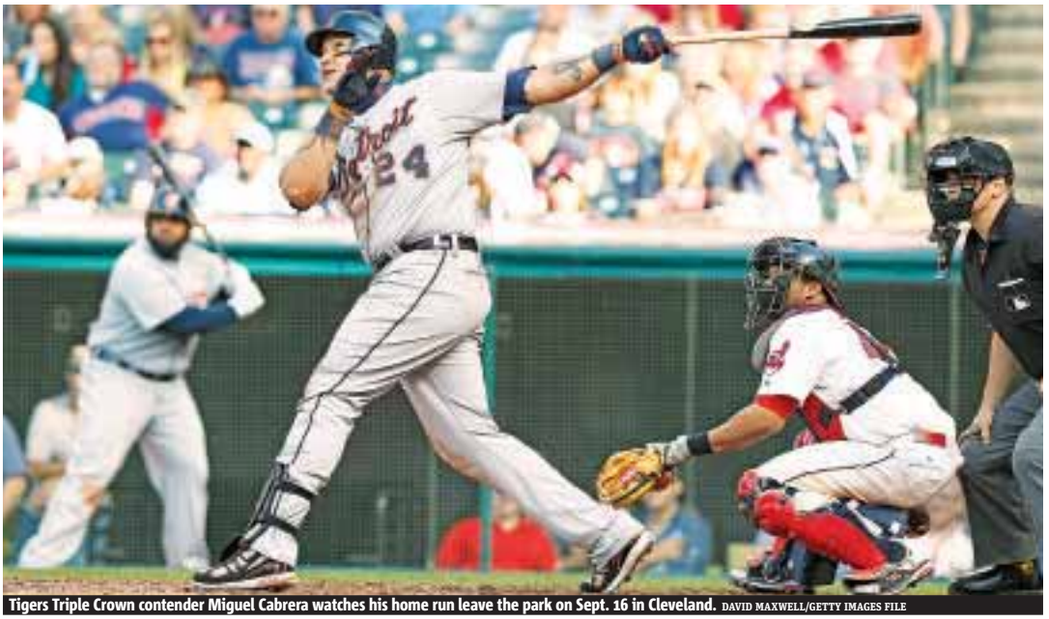
The replacement officials are gone and the NFL is sorry it took so long. Now fans can go back to complaining about the calls made by the regular refs.

The sport's experiment with replacements ended Thursday night when a veteran crew worked the Browns-Ravens game.

Commissioner Roger Goodell apologized to fans for the anxiety of the last three weeks while denying that using replacement officials increased the chances of flagrant mistakes.

THE ASSOCIATED PRESS

Line judge Jeff Seeman salutes fans on Thursday in Baltimore. THE ASSOCIATED PRESS



Tigers Triple Crown contender Miguel Cabrera watches his home run leave the park on Sept. 16 in Cleveland. DAVID MAXWELL/GETTY IMAGES FILE

Entering the home stretch to history

MLB. Tigers' Cabrera has real shot at Triple Crown as season nears end

Miguel Cabrera's drive sailed high into the Detroit night — so high, in fact, that left fielder Alex Gordon had time to drift over to the fence and wait a couple seconds before reaching over and robbing the slugger of a home run.

That snapshot was a good example of why nobody has won baseball's Triple Crown in 45 years. It takes a special blend of power, discipline, consistency — and yes, luck, if you believe in such a thing. But Cabrera is making perhaps the strongest bid since Carl Yastrzemski accomplished the feat in 1967.

With six games remaining, Detroit's 29-year-old third baseman tops the American League in batting average and RBIs and trails home run leader Josh Hamilton by only one.

"I heard a lot from the fans about the Triple Crown. I can't repeat most of it, but I'm sure you can guess," said Gordon, the Kansas City outfielder who did his part to slow Cabrera's pursuit by taking that homer away Wednesday night.

Cabrera won his first batting title last year, hitting .344 to complete a "career triple crown" after winning home run and RBI titles in previous seasons. Now he's trying to become the first player since Yastrzemski to sweep all three categories at the same time.

Yastrzemski figures it's only a matter of time before somebody new joins the club. Since his Triple Crown season, other seemingly unapproachable marks have been surpassed.

"When Rose broke Cobb's hit record, I never thought that would happen," Yastrzemski said. "When Ripken broke Gehrig's consecutive game record, I never thought that would happen either. So it's going to happen."

In 1967, Yastrzemski hit .326 with 44 homers and 121 RBIs.

After Thursday's 5-4 victory over Kansas City, Cabrera was hitting .326 with 42 homers and 133 RBIs.

"I want to keep my game the same way," Cabrera said recently. "I don't want to put extra pressure because we've got a lot of pressure right now in our division. I think it's going to be a big mistake if I put extra pressure on myself."

Jeff Bagwell was the only recent player to finish in the top two in each Triple Crown category; in the strike-shortened 1994 season, he was first in RBIs and second in both average and homers. In 1992, Gary Sheffield led the National League in hitting but finished two behind in the home run race and nine back in RBIs.

THE ASSOCIATED PRESS

Triple Crown triumphs

Ted Williams and Roger Hornsby both won the Triple Crown twice.

- Frank Robinson did it the year before Carl Yastrzemski, making the proceeding 45-year drought even more striking.

St-Pierre takes on bullying at alma mater

Standing in the basement weight room that now bears his name, Georges St-Pierre fought the temptation to try and match an old score: His own high-school chin-up record.

St-Pierre, wearing a suit, wanted to see if he could still pull off 50 chin ups, like he did as a 16-year-old at Pierre-Bedard school. His record still stands in the 16-and-over category.

"The thing is, because I'm dressed like this I can't show you, otherwise I would," St-Pierre, 31, said Thursday after speaking to students.

St-Pierre returned to his former high school south of Montreal, where the workout room was officially designated: Salle Georges St-Pierre.

The UFC welterweight champ also had another mission at Pierre-Bedard.

He spoke to a gymnasium packed with some 500 students on how he overcame doubts about himself, fears about his menacing opponents and the challenges of being bullied as a kid.

St-Pierre, who started the Fondation Georges St-Pierre to combat bullying, spoke about the importance of teaching bullies how hurtful their actions can be.

"People see how I am now, but I wasn't always like this," he told the audience.

"While I was growing up, I wasn't very popular, I didn't have lots of friends, especially in elementary school."

THE CANADIAN PRESS

Quoted

"Even though we have obstacles when we're young ... it doesn't mean our life is sinking."

George St- Pierre telling students at his former high school that their problems will get easier once they graduate

Georges St-Pierre speaks to students at his former high school on Thursday in Saint Remi, Que. RYAN REMIORZ/THE CANADIAN PRESS

4 SPORTS

Mobile sports

Cricket

Chelsea captain John Terry was banned for four matches on Thursday for racially abusing an opponent in English soccer's most high-profile racism case.

Raising a glass to Summit Series heroes

40th anniversary. Weekend gala dinner to conclude a celebration of hockey history, and Canada's shot heard around the world

Paul Henderson, centre, speaks alongside teammates from the '72 Summit Series during the team's induction into Canada's Walk of Fame in Toronto, earlier this month. The month-long celebration of Team Canada's famous victory over the Soviet Union concludes this weekend. NATHAN DENETTE/THE CANADIAN PRESS

Paul Henderson still can't explain it, even 40 years later.

Sitting on the bench with time winding down in the eighth and final game of the '72 Summit Series, Henderson abruptly stood up and yelled at Pete Mahovlich to come off.

"I felt I had to get on the ice," Henderson recalled recently. "A tie was no good, they were going to claim victory because they had scored more goals than we did. I really wish I had an answer, but I don't. I just felt I had to get out there, I felt I could score a goal."

He was right, of course.

Henderson fired a rebound past the Soviet Union's Vladislav Tretiak to give Canada a series-clinching 6-5 victory at Moscow's Luzhniki Ice Palace.

Exactly 40 years to the day after that iconic goal, the 69-year-old Henderson and the remaining members of the Canadian squad will cap a month of celebrations with a gala dinner Friday night.

Henderson, who has been battling cancer since 2010, was one of Canada's top goal scorers in the Summit Series. But his deciding goal remains one of the biggest and most memorable in Canadian hockey history, a fact he didn't really appreciate until watching Sidney Crosby's winning goal for Canada at the 2010 Winter Games in Vancouver.

"I think one of the things we don't do well as Canadians is celebrate a lot of times, but especially with hockey," Henderson said. "When Crosby scored, man, I was jumping up and down and so I understand what Canadians were doing when I scored."

But Henderson wouldn't have scored if not for Phil Esposito, the heart and soul of the '72 team who fired the first shot at Tretiak.

"I was at the faceoff dot to the right of Tretiak," Esposito said. "(Soviet defencemen Yuri) Liapkin and (Valeri) Vasiliev screwed up and the puck squirted and I was skating backwards to go back and I just shot it at the net.

"Like nine out of 10 times I hit the net, I very seldom missed the net when I had an opportunity to hit it ... and Tretiak, for some unexplained reason, pushed the rebound straight out and Paul, who had fallen behind the net, got up and came out because they must have lost him, just came out and put the rebound in."

Goaltender Ken Dryden, another Montreal Canadien, skated the length of the ice to celebrate Henderson's goal with his teammates before the reality of the situation set in.

"I have no recollection except I do remember the celebration of it," Dryden said. "I remember clunking down the ice and being in that pile of celebration and then thinking, 'I've got to get hold of myself, there's still 34 seconds to go, get a grip."'

Hollywood couldn't have written it better, Henderson said.

"I'm 69 and I can't think of anybody who has lived a better life than I have, even with cancer," he said. "I wouldn't change places with anybody. Canadians celebrate this, I get it every day, and I think it was a meaningful time for Canadians who were alive and can remember at that point."

THE CANADIAN PRESS

He shoots ... he scores!

Paul Henderson's heroics weren't limited to Game 8 of the 1972 Summit Series.

- **Statistics.** Henderson registered 10 points for Canada with seven goals and three assists in the eight game series.
- **Rallying Canada.** He also scored the winning goals in the sixth and seventh games which the Canadians also had to win after dropping three games to the Soviet's.

Lefty serving up all the right shots at Ryder Cup

Phil Mickelson wants to pad his record, get as many points as he can.

On the ping pong table, that is.

When it comes to the Ryder Cup, Mickelson has become the Americans' "glue guy."

"He's a lot like Tiger. They both came on to the teams trying to win a whole bunch of points. They thought that's what they were supposed to do," U.S. captain Davis Love III said Wednesday.

"Now they just want to win."

The evolution of Mickelson has helped the Americans become more, well, European. It's no secret the Americans haven't always played well with each other, unable to set aside the individual mindsets that make them so successful on the PGA Tour.

The U.S. has just one victory in the last five Ryder Cups, and two in the last eight.

Mickelson, the most experienced of the Americans having played every Ryder Cup since 1995, is 11-17-6. The 2002 Ryder Cup is the last time he won more than one match.

Phil Mickelson during a practice round Thursday at the Medinah Country Club near Chicago. THE ASSOCIATED PRESS

But even the Europeans say this U.S. team seems like a particularly close-knit bunch, and Mickelson — along with fellow veterans Woods and Jim Furyk — deserve some of the credit.

"I can't tell you how many times both Tiger and Phil have said, 'Whatever you want us to do, we'll do it,"' Love said. "Phil gets it, and he knows what to say at the right time.

"He knows when to be serious and give his strategy theories, and he knows when to make a joke and have fun. He and (rookie Brandt Snedeker) have been going back and forth all week, and they're having a great time and he's pulled Brandt in."

For the last few years, Mickelson has made a point of singling out promising young players for money games during practice rounds. The "Phil matches" aren't just for his amusement — though few people can talk smack quite like Lefty — but to get the up-and-comers ready for the big time.

He simulates match play conditions, pushes them to go for high-risk shots, yaps at them to test their concentration.

The mentoring goes beyond the course, too.

Ask anyone about the team room, and Mickelson's name invariably comes up.

He talked of his and Woods' dominance on the ping pong table Wednesday, boasting that few of their U.S. teammates can touch them.

"Put us together on that table, and we're rocking it," Mickelson said.

Those games, the bragging, the trash talking, it all helps make the newcomers feel comfortable, make them feel as if they're part of the team. THE ASSOCIATED PRESS

Horoscopes

Aries
March 21 - April 20
Try to see those you deal with as individuals in their own right rather than as pieces on a chessboard to be moved at your whim. Paying attention to other people's needs today will bring benefits to you as well.

Taurus
April 21 - May 21
Take stock of your daily routine and decide where you can make savings in time and effort. Also make sure your physical health is not compromised in any way. If you feel you need a break then take one.

Gemini
May 22 - June 21
Saturn, the taskmaster of the zodiac, moves out of your fellow Air sign of Libra in a week or so but already it feels as if your personal load is less heavy. Try not being quite so serious about life.

Cancer
June 22 - July 23
You need to focus more on domestic matters today, and that means less time for social activities. There will be plenty of time for fun and games later but for now you must put loved ones first.

Leo
July 24 - Aug. 23
Interesting new people will come into your life today and over the weekend, the kind of people who inspire you and know how to make you laugh. All in all, the world seems a better, happier, sunnier place.

Virgo
Aug. 24 - Sept. 23
Both at home and at work you are encouraged to pay more attention to the value you place on both possessions and relationships. Some things are worth fighting for. Some things are for life. Do you know what they are?

Libra
Sept. 24 - Oct. 23
As Saturn nears the end of its two-year journey through your sign, you should look back and learn from events that may not always have been to your liking. Admit it: they've made you a better person.

Scorpio
Oct. 24 - Nov. 22
You need to face up to problems that you have somehow managed to avoid these past few months. You can hide your feelings from others but you cannot hide them from yourself, so do what has to be done — now!

Sagittarius
Nov. 23 - Dec. 21
The planets are asking you to push your pride to one side and admit, if only to yourself, that you don't know all the answers. This can be a time of positive change in your life, but you must be humble.

Capricorn
Dec. 22 - Jan. 20
Saturn, your ruler, is making its last push through the career area of your chart, so opportunities on the work front can be expected. The fact is you are capable of so much more — so start doing it.

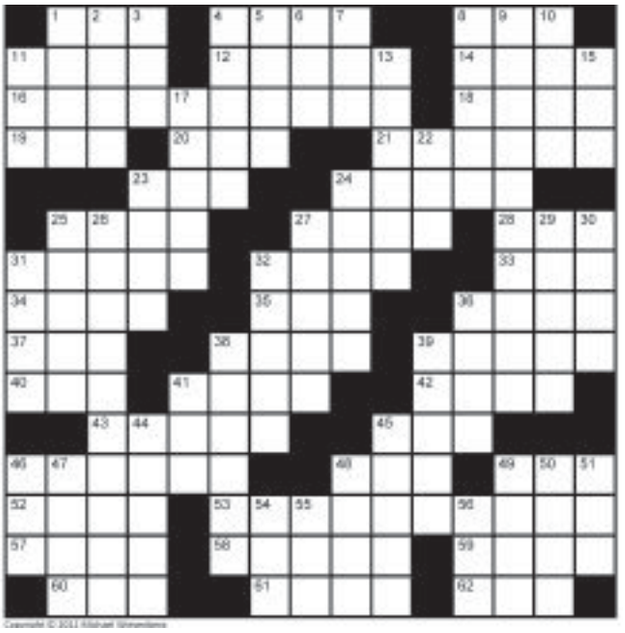
Aquarius
Jan. 21 - Feb. 19
If knowledge is power then you will gain in strength over the next few days and by the time Saturn changes signs on Oct. 5, you will be on your way to fame and glory. Will it really be that good? Yes!

Pisces
Feb. 20 - March 20
Money matters take centre stage today and you will need to be sensible. Most of all, you need to realize that certain goals will only be reached if you are ready and willing to work with other people.

SALLY BROMPTON

Canadian Spellings Featured

BY MICHAEL WIESENBERG



Across
1. "To what do I ___ the pleasure?"
4. Detective's job
8. Top card
11. Operatic solo
12. Sound the ___
14. Additive no longer used in Canadian gasoline
16. Snowfall measure
18. Other
19. Foot digit
20. Xmas mo.
21. Harper's group
23. House wing
24. The Hunter constellation
25. Ontario-born *Scream* star Campbell
27. Evangelist's target
28. 7th letter of the Greek alphabet (looks like an H)
31. Geometric functions
32. CEO or CFO
33. It's next to Ins on the keypad
34. Brand of running shoes
35. Long-beaked fish
36. Detergent target
37. Frozen cubes
38. Scottish caps
39. Agreeable odour
40. Ocean
41. Holders of advanced degrees
42. Ardent admirers
43. Carpenter's clamps
45. Calf's mother
46. Two bucks
48. Mu ___ pork: Chinese dish
49. Before: pref.
52. Burden
53. Very popular stadium rock group that originated in Hanna, Alberta
57. Free from contaminants
58. Actress Day who costarred in romantic comedies with Rock Hudson
59. #1 position
60. Western winter time
61. *Sister Act* extras
62. "Nope" opposite

Down
1. Sandwich cookie
2. Bacchus's beverage
3. Consume
4. Animal with a hump
5. Sir ___ Guinness of film
6. Occupied a chair
7. Make a mistake
8. Oldsmobile model discontinued in 2004
9. Grammy and Juno award winning French-Canadian singer (2 wds.)
10. Let up on
11. "Just ___ naturally"
13. System that includes 16-Across
15. ___ Moines, Iowa
17. Keeps the engine in neutral
22. Petroleum
23. Nights before
24. Surpluses
25. Brother's daughter
26. Efforts
27. Tests
29. Academic divisions
30. Sask. neighbour
31. Slalom equipment
32. Antiquated exclamation
36. Attract, as a crowd
38. Words before closing credits (2 wds.)
39. Run ___ of the law: get into trouble
41. Trident-shaped Greek letter
44. Boxed-off map section
45. Game with pawns and knights
46. Go one better than
47. "You're expected; go ___": the boss is waiting for you on the next floor (2 wds.)
48. Onion covering
49. Footstep
50. Canada's national police
51. ___ out a living: barely manage
54. Charged particle
55. Grand ___: wine label words
56. Thunder ___, Ontario

Yesterday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

					9			5
6	5			1		4		
			6		2			7
			9	2		7		
9		3				1		8
		4		3	7			
5			2		6			
		1		8			5	2
3			1					

Yesterday's Sudoku

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New customers can get a $200 Cash Advance for $20 on first advance only. Loan amounts are subject to net pay and other qualification requirements and this offer is available for new customers only that are Ontario residents. Under this offer for a $200 loan, the cost of borrowing for the payday loan is $10.00 for each $100 advanced for a 14 day term. As such, under this offer, for a loan of $200 for 14 days, the cost of borrowing is $20.00, with a total payback amount of $220.00. Regular fees apply on subsequent loans and the cost of borrowing for a $200 loan for 14 days would be $242. For a $300 loan for a term of 14 days made under this offer, the cost of borrowing would be $20 on the first $200 advanced and $21 on the next $100 advanced for a total cost of borrowing of $41. The maximum allowable cost of borrowing under payday loan agreements in Ontario is $21 per each $100 advanced..